

## **OFPA Foster Parent Resource Library- Central Okanagan 2015**

To request any of these resources email [coksupport@okfosterparents.ca](mailto:coksupport@okfosterparents.ca)

This list is also available at [www.okfosterparents.ca/](http://www.okfosterparents.ca/)

### **VIDEOS AND DVD's**

#### **Popular Series**

Gordon Neufeld	DVD	ALPHA CHILDREN	Gordon Neufeld	4.5 hours
Gordon Neufeld	DVD	ART & SCIENCE of TRANSPLANTING CHILDREN	Gordon Neufeld	8 hours
Gordon Neufeld	DVD	ADOLESCENCE & SEXUALITY	Gordon Neufeld	4 hours
Gordon Neufeld	DVD	BULLIES, THEIR MAKING AND UNMAKING	Gordon Neufeld	Leading expert on Parenting
Gordon Neufeld	DVD	COMMON CHALLENGES	Gordon Neufeld	Part 3- Power to Parent series-5 DVDs
Gordon Neufeld	DVD	HELPING CHILDREN GROW UP	Gordon Neufeld	Part 2- Power to Parent series-4 DVDs
Gordon Neufeld	DVD	HOLD ONTO YOUR KIDS	Gordon Neufeld	2 hours
Gordon Neufeld	DVD	MAKING SENSE OF ADOLESCENCE	Gordon Neufeld	8 sections- 8 hours
Gordon Neufeld	DVD	MAKING SENSE OF AGGRESSION	Gordon Neufeld	4 hours
Gordon Neufeld	DVD	MAKING SENSE OF ANXIETY	Gordon Neufeld	4 hours
Gordon Neufeld	DVD	MAKING SENSE OF ATTENTION PROBLEMS	Gordon Neufeld	4 hours
Gordon Neufeld	DVD	MAKING SENSE OF COUNTERWILL	Gordon Neufeld	4 hours
Gordon Neufeld	DVD	MAKING SENSE OF DISCIPLINE	Gordon Neufeld	3 hours
Gordon Neufeld	DVD	MAKING SENSE OF PLAY	Gordon Neufeld	2 hours
Gordon Neufeld	DVD	MAKING SENSE OF PRESCHOOLERS	Gordon Neufeld	6 hours
Gordon Neufeld	DVD	POWER TO TEACH	Gordon Neufeld	2 DVDs
Gordon Neufeld	DVD	RELATIONSHIP MATTERS	Gordon Neufeld	2 hours
Gordon Neufeld	DVD	VITAL CONNECTION	Gordon Neufeld	Part 1- Power to Parent series- 5 DVDs

Heather Forbes		MAKING SENSE OF OUR COMPLEX CHILDREN	Heather Forbes	10 DVD set
Heather Forbes		volume 1- Introductory Overview	Heather Forbes	
Heather Forbes		volume 2- Developmental Disabilities	Heather Forbes	
Heather Forbes		volume 3- Childhood Mental Health Disorders	Heather Forbes	
Heather Forbes		volume 4- Mood Disorders & Trauma	Heather Forbes	
Heather Forbes		volume 5- Complex Trauma & PTSD	Heather Forbes	
Heather Forbes		volume 6- Education & Trauma	Heather Forbes	
Heather Forbes		volume 7- Teenagers	Heather Forbes	
Heather Forbes		volume 8- Medication Madness	Heather Forbes	
Heather Forbes		volume 9- The Family	Heather Forbes	
Heather Forbes		volume 10- Moving Forward	Heather Forbes	

Dr Karyn Purvis	ATTACHMENT DANCE	Karyn Purvis	TCU training series
Dr Karyn Purvis	EMPOWERING, CONNECTING, CORRECTING	Karyn Purvis	TCU training series
Dr Karyn Purvis	FACILITATING BEHAVIORAL CHANGE	Karyn Purvis	TCU training series
Dr Karyn Purvis	HEALTHY TOUCH	Karyn Purvis	TCU training series
Dr Karyn Purvis	THE NEUROCHEMISTRY OF FEAR	Karyn Purvis	TCU training series
Dr Karyn Purvis	PLAYFUL INTERACTION	Karyn Purvis	TCU training series
Dr Karyn Purvis	A SENSORY WORLD	Karyn Purvis	TCU training series
Dr Karyn Purvis	SENSORY INTEGRATION	Karyn Purvis	TCU training series
Dr Karyn Purvis	TRUST BASED PARENTING	Karyn Purvis	TCU training series

Foster Parent College	ADD, ADHD
Foster Parent College	ANGER OUTBURSTS
Foster Parent College	ANGER PIE
Foster Parent College	BIRTH CHILDREN, The Impact of Fostering on
Foster Parent College	CHILDHOOD ANXIETY DISORDERS
Foster Parent College	CHILDREN WITH AUTISM
Foster Parent College	CHILD SAFETY & SUPERVISION
Foster Parent College	EATING DISORDERS
Foster Parent College	FASD
Foster Parent College	FIRESETTING
Foster Parent College	GRIEF & LOSS
Foster Parent College	HOUSE SAFETY
Foster Parent College	KINSHIP CARE
Foster Parent College	LYING
Foster Parent College	POSITIVE PARENTING 1
Foster Parent College	POSITIVE PARENTING 2
Foster Parent College	RAD REACTIVE ATTACHMENT DISORDER
Foster Parent College	RUNAWAY BEHAVIOR
Foster Parent College	SAFE PARENTING
Foster Parent College	SELF HARM
Foster Parent College	SEXUALIZED BEHAVIOR
Foster Parent College	SLEEP PROBLEMS
Foster Parent College	STEALING
Foster Parent College	SUBSTANCE EXPOSED INFANTS
Foster Parent College	WETTING & SOILING
Foster Parent College	WORKING WITH THE PARENTS: VISITATION
Foster Parent College	WORKING WITH THE SCHOOLS

Bruce Perry	DVD	NEURO SEQUENTIAL MODEL	Bruce Perry	2 discs
Bruce Perry	DVD	UNDERSTANDING TRAUMATISED & MALTREATED CHILDREN	Bruce Perry	Core Concepts Parts 1-4
Bruce Perry	DVD	SIX CORE STRENGTHS for HEALTHY CHILDREN	Bruce Perry	

Aboriginal	DVD	SURVIVORS OF THE RED BRICK SCHOOL		
Abuse	DVD	COPING WITH VIOLENCE		
Addictions	DVD	NO QUICK FIX	NFB	children into drugs and living on the streets
Addictions	DVD	FIX- STORY OF AN ADDICTED CITY		Vancouver documentary- highly acclaimed
Addictions	DVD	THROUGH A BLUE LENS		Vancouver PD
Addictions	DVD	DEATH by JIB		
Adoption	DVD	JOURNEY TO A FAMILY	Concurrent Planning	
Attachment	2 DVD's	TRANSITIONING- THE JOURNEY THAT LASTS A LIFETIME		2 disc set
Attachment	DVD	BONDING AND ATTACHMENT	Pat Buckley	
Attachment	DVD	RESPONDING TO ATTACHMENT	Tanya Helton	
Attachment	DVD	SEPARATION AND LOSS	Pat Buckley	
Attachment	DVD	SEPARATION AND LOSS ISSUES	Vera Fahlburg	
Attachment	DVD	STRATEGIC PARENTING	Pat Buckley	
Behaviors	DVD	STRUGGLE FOR CONTROL	NFB	Behavior Disorders
Behaviors	DVD	MORE 1-2-3 MAGIC		Independence and Self-Esteem
Behaviors	DVD	FOSTER PARENT COLLEGE SERIES		
Behaviors	DVD	NO SUCH THING AS A BAD KID-CREATING AND MAINTAINING A STRENGTH BASE ENVIRONMENT		
Behaviors	DVD	NO SUCH THING AS A BAD KID-MANAGING NUMBER 1 FIRST		
Behaviors	DVD	NO SUCH THING AS A BAD KID-PREVENTING PROBLEM BEHAVIOR AND BUILDING SELF ESTEEM		
Bullying	DVD	ESCAPE SCHOOL-ABDUCTION		
Bullying	DVD	ESCAPE SCHOOL-Violence at school		
FASD	DVD	CREATING SOLUTIONS: PREVENTING FAS		understanding womens substance abuse
FASD	DVD	FASD RELATIONSHIPS	Rod Densmore	also book in library
FASD	CD powerpoi	FASD powerpoint presentation		
FASD	DVD	FINDING HOPE: FASD		
FASD	DVD	SUPPORTING CHANGE: PREVENTING FASD	Healthy Choices	
Foster Care	DVD	BECAUSE THEY ARE CHILDREN-new version		Introduction to Fostering
Foster Care	DVD	FOR THE SAKE OF OUR CHILDREN	MCFD	video guide to Child Protection in BC
Foster Care	DVD	GLADYS's STORY		A birth mom's describes her struggle
Foster Care	Audio CD	HOPE FILLED CHILD	Michael Trout	
Foster Care	DVD	MULTIPLE TRANSITIONS		a Child's view of the system
Foster Care	DVD	SCHOOL, SUCCESS, AND FOSTER CARE	Canadian Foster Parents Association	
Foster Care	DVD	STORIES FROM FOSTER CARE	BCFFPA	
Foster Care	DVD	WARDS OF THE CROWN- surviving the child care system	NFB	
Learning Disabilities	DVD	HOW DIFFICULT CAN THIS BE?	Richard Lavoie	Understanding Learning Disabilities

Learning Disabilities	DVD	LAST ONE PICKED...FIRST ONE PICKED ON	Richard Lavoie	, Learning Disabilities and Social Skills
Learning Disabilities	DVD	MISUNDERSTOOD MINDS		copied with learning disabilities
Learning Disabilities	DVD	LOOK WHAT YOU'VE DONE		Learning Disabilities and self-esteem
Learning Disabilities	DVD	IT'S SO MUCH WORK TO BE YOUR FRIEND	Richard Lavoie	
Learning Disabilities	DVD	WHEN THE CHIPS ARE DOWN	Richard Lavoie	
Mental Health	DVD	MAP OF THE MINEFIELDS-	Knowledge Network	Managing Adolescent Psychosis
Mental Health	DVD	FIGHTING THEIR FEARS- Child and Youth Anxiety	Knowledge Network	Mental Health Series. Knowledge Network
Mental Health	DVD	BEYOND BLUES- Child and Youth Depression		Mental Health Series. Knowledge Network
Parenting	DVD	AMAZING TALENTS of the NEWBORN		
Parenting	DVD	BEYOND CONSEQUENCES" LIVE	4 part DVD set	
Parenting	Audio CD	BEYOND CONSEQUENCES: 10 IMPORTANT BACK TO SCHOOL TIPS		
Parenting	Audio CD	BEYOND CONSEQUENCES: ASK THE EXPERT		Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES:Five to Nine	3 part CD	Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES:Teenagers	2 part CD	Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES:Toddlers	2 part CD	Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES:Tweens	2 part CD	Behavior Management
Parenting	DVD	PARENTING THE EXPLOSIVE CHILD	Ross Green	Collaborative Problem Solving Approach
Parenting	DVD	PARENTING WITH HUMOR	Loretta LaRouche	
Parenting	DVD	TRAUMATIZED CHILD, Parenting the	Margaret Blaustein	
Parenting	DVD	TRAUMATIZED CHILD, Teaching the	Margaret Blaustein	
Parenting	DVD	TRAUMATIZED CHILD, Understanding the	Margaret Blaustein	
Parenting	DVD	UNFORGETTABLE PEN PAL		A story of prejudice and discrimination
Parenting	DVD	WINNING AT PARENTING-WITHOUT BEATING YOUR KI	Barbara Colorosa	
Parenting	DVD	YOU THE WEB AND SEX	SOLO- Vancouver	understanding the risk
Self Improvement	DVD	ASSERTIVENESS SKILLS		
Self Improvement	DVD	STRESS MANAGEMENT		
Special Needs	DVD	ETHICS OF TOUCH- Part 1 & 2	Mary Harber & Dave	Appropriate boundaries
Tourettes	DVD	LIFE'S A TWITCH	National Film Board	- Understanding Tourettes Syndrome
Youth in Care	DVDs	DIGITAL STORIES	Youth in Care	tell their stories

## BOOKS

Aboriginal	cookbook	ALL MY RELATIONS	KFPA
Parenting	book	AMAZING TALENTS OF THE NEWBORN	
Bullying	Book	AND WORDS HURT FOREVER	Garbarino and DeLa 3 copies
Attachment Disord	book	ATTACHMENT, TRAUMA and HEALING	Levy
Autism/ Aspergers	book	BEHAVIORAL CONCERNS & AUTISTIC SPECTRUM DISC	John Clements
	book	THE BEST I CAN BE	Liz Culp
Foster Care	book	BEYOND THE FOSTER CARE SYSTEM-The future for tee	Krebs & Pitcoff

Addictions	book	BEYOND THE YELLOW BRICK ROAD	Bob Meehan	
Autism/ Aspergers	book	BOY WHO LOVED WINDOWS	Patricia Stacey	
Abuse/Trauma	book	BOY WHO WAS RAISED AS A DOG	Bruce Perry	
Bullying	book	BULLY, THE BULLIED AND THE BY-STANDER-	Barbara Coloroso	
Pelzer series	book	CHILD CALLED IT	Dave Pelzer	2 copies
Special Needs	book	CHILD WITH SPECIAL NEEDS	Greenspan	
Parenting	book	CHILDHOOD STRESS	Barbara Kuczen	
Parenting	book	CHILDREN WITH ANGER PROBLEMS	Tom Carr	
Special Needs	book	CHILDREN WITH TRAUMATIC BRAIN INJURY		
Parenting	book	CHILD'S JOURNEY THROUGH PLACEMENT	Vera Fahlberg MD	
Adoption	book	CONNECTED CHILD, The	Purvis and Cross	
Mental Health	book	CONQUERING DEPRESSION	Dr. R. Joffe, Dr. A. Levitt	
Mental Health	book	DEFIANT CHILD: A PARENTS GUIDE TO ODD	Dr Douglas Riley	Oppositional Defiant Disorder
Special Needs	book	DIFFERENT IS NOT BAD, DIFFERENT IS THE WORLD	Sally L. Smith	About Disabilities
Special Needs	book	ELIJAH'S CUP	Valerie Paradiz	High functioning autism
Parenting	book	EXPLOSIVE CHILD, The	Ross W. Greene, Pt	2 copies
FASD	book	F.A.S. A GUIDE TO DAILY LIVING	MCFD	also online
Fostering	book	FAMILIES AT RISK	Jody Culp	
Parenting	book	FAMILY TIES THAT BIND	Dr. Ron Richardson	
FASD	book	FANTASTIC ANTOINE GROWS UP	Judith Kleinfeld	adolescents and adults with FASD
FASD	book	FANTASTIC ANTOINE SUCCEEDS!-	Judith Kleinfeld	
FASD	book	FAS: GUIDE FOR FAMILIES	Streissguth	
FASD	book	FASD- TRYING DIFFERENTLY RATHER THAN HARDER	Diana Malbin	2 copies
FASD	book	FASD: RELATIONSHIPS	Dr Rod Densmore	
Foster Care	book	FINDING KATIE-Diary of a Teen in Foster Care	Beatrice Sparks -editor	
Fostering	book	FOSTER PARENTS SURVIVAL GUIDE		
Attachment	book	FOSTERING CHANGES	Richard J Delaney	
Foster Care	book	FOSTERING TO INDEPENDENCE	Debbie Verkerk	
Abuse	book	GHOSTS FROM THE NURSERY	Robin Karr-Morse	
Grief / loss	book	HELPING CHILDREN COPE WITH GRIEF	A. Wolfelt	
Behaviors	book	HELPING THE AGGRESSIVE CHILD	Alan Train	
Parenting	book	HELPING THE CHILD WHO DOESN'T FIT IN	Nowicki and Duke	
Parenting	book	HOLD ONTO YOUR KIDS	Gordon Neufeld/ Gabor Mate'	
Parenting	book	HOW TO BEHAVE SO YOUR CHILDREN WILL TOO.	Sal Severe, PhD	
Behaviors	book	HOW TO DEAL WITH YOUR ACTING UP TEENAGER	Parents Together	
Parenting	book	HOW TO TALK SO KID"S WILL LISTEN & LISTEN SO KIC	Farber & Mazlish	
Mental Health	book	I HATE YOU, DON'T LEAVE ME	Jerold Kreisman	on Borderline Personality Disorder
Special Needs	book	I OPENERS- sexuality and children with developmental disabilities		
Behaviors	book	IT'S SO MUCH WORK TO BE YOUR FRIEND	Richard Lavoie	

Parenting	book	JUST BECAUSE IT'S NOT WRONG, DOESN'T MEAN IT'S	Barbara Colorosa	
Special Needs	book	KID'S WITH SPECIAL NEEDS	Veronica Getskow	8 Teacher's choice award
Special needs	book	LEARNING ABOUT SCHIZOPHRENIA- RAYS OF HOPE-		Schizophrenia Society of Canada
Foster Care	book	LEAST DETRIMENTAL ALTERNATIVE	Paul D. Steinhauer	
FASD	book	LIVING WITH FASD	SNAP CANADA	
FASD	book	LIVING WITH PRENATAL DRUG EXPOSURE	SNAP CANADA	
Parenting	book	LIVING WITH YOUR GRANDCHILDREN		
Pelzer series	book	LOST BOY,The	Dave Pelzer	2 copies
Foster Care	book	MAINTAINING FAMILY TIES: Inclusive Practise in Foster C	Sally E. Palmer	
Pelzer series	book	MAN NAMED DAVE	Dave Pelzer	2 copies
Mental Health	book	MORE THAN MOODY	Harold S. Koplewicz	Adolescent Depression
Special Needs	book	NOBODY'S PERFECT		
Behaviors	book	OMNIPOTENT CHILD, THE	Dr. Thomas P. Milla	excellent book
Foster Care	book	ORIGINAL FOSTER CARE SURVIVAL GUIDE, The	Paul E Knowlton	
ADHD	book	PARENT'S GUIDE TO ATTENTION DEFICIT DISORDERS	Lisa J. Bain	
Adoption	book	PARENTING THE HURT CHILD	Keck and Kupecky	
Behaviors	book	PARENTING THE STRONG WILLED CHILD	Forehand and Long	
Parenting	book	PARENTING THROUGH CRISIS	Barbara Coloroso	
Parenting	book	PARENTING WITH LOVE AND LOGIC	By Cline and Fay	
Autism/ Aspergers	book	PARENTS GUIDE TO AUTISM	Hart	
Foster Care	book	PRACTICAL TOOLS FOR FOSTER PARENTS		Foster Care Solutions
Foster Care	book	QUALITY CARE in a FAMILY SETTING	Fulcher and Garfat	
Autism/ Aspergers	book	RAISING A CHILD WITH AUTISM		
Parenting	book	RAISING CHILDREN WHO REFUSE TO BE RAISED	Dave Zeigler	
Abuse	book	REACH FOR THE RAINBOW	Lynne Finney	healing for survivors of sexual abuse.
aboriginal	book	RECLAIMING YOUTH AT RISK	Brendtro -Brokenleg	
Foster care	book	RESPONDING TO CHILDREN'S SEXUAL BEHAVIOR	Mental Health Servit	A Handbook for Foster Parents
ADHD	book	SCATTERED MINDS	Gabor Mate', MD	Sensible and deeply moving book
Abuse	booklet	SECRET of the SILVER HORSE, The		helping children with good/bad secrets
Sexual Abuse	book	SEXUALIZED CHILD IN FOSTER CARE	Sally Hoyle	
Parenting	book	SHELTER FROM THE STORM	Hilden and Tobin	Caring for a child- life threatening illness
Special needs	book	SIGNING: HOW TO SPEAK WITH YOUR HANDS	Elaine Costello	
Parenting	book	SMARTER KIDS	Lawrence Greene	
Mental Health	book	STOP WALKING ON EGG SHELLS- BORDERLINE PERS	Mason & Kreger	highly recommended book on BPD!
Mental Health	book	SUICIDE INTERVENTION HANDBOOK	Living Works	
Schizophrenia	book	SURVIVING SCHIZOPHRENIA	Torrey	
Grief/ Loss	book	TALKING WITH CHILDREN ABOUT LOSS	Maria Trozzi	
Behaviors	book	TAMING THE DRAGON IN YOUR CHILD	Meg Eastman	
ADD,OCD	book	TEACHING THE TIGER		
Mental Health	book	TEENAGERS and STRESS	Dr Charmaine Saun	2 copies

Foster Care	book	THINGS I WANT MOST... A FAMILY, A FISHING ROD,...	Richard Minitier	
FASD	book	TRYING DIFFERENTLY, RATHER THAN HARDER	Malbin	
Drugs	book	UPPERS' DOWNERS-ALL AROUNDERS		
Mental health	book	WHEN GIRLS FEEL FAT	Friedman	
Mental Health	book	WHEN ONCE IS NOT ENOUGH		OCD
Mental Health	book	WHEN YOUR CHILD HAS AN EATING DISORDER	Abigail H. Natenshon	
Behaviors	book	WORKING WITH PEOPLE WITH CHALLENGING BEHAVI	Nathan ory	A guide for eduactors and caregivers
ADHD	book	YOU MEAN I'M NOT LAZY, STUPID OR CRAZY?!-	Kate Kelly and Peggy Ramundo	
Bullying	book	YOUR CHILD, BULLY OR VICTIM	Peter Sheras	6 copies