

# Okanagan Foster Parents Association



## Resource Library for Foster Parents

North Okanagan      August 2012

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BC Federation of Foster Parents Associations and  
Okanagan Foster Parents Association,**

**as well as generous donations from  
Foster Parents and community members.**

**To borrow a resource, or make arrangements to browse the shelves,  
Please call**

**250-558-0939  
noksupport@okfosterparents.ca**

## Aboriginal

B	ABOR	1	The Learning Circle	Indian and Northern Affairs Canada
B	ABOR	2	Bannock Awareness	Forest Service of British Columbia
B	ABOR	3	Claire and her Grandfather	Indian and Northern Affairs Canada
B	ABOR	4	All My Relations - Cook Book	Kelowna Foster Parent Association
DVD	ABOR	1	Federation of Aboriginal Foster Parents - Promo and Recruiting	18 min
DVD	ABOR	3	The Sweatlodge and Our Families	36 min
DVD	ABOR	4	Survivors of the Red Brick School	
DVD	ABOR	5	Young Voices, Many Homes - An Aboriginal Child's Journey Through Foster Care	
MISC	ABOR	1	A Practical Native Guide For Caregivers, Adolescents and Adults With Fetal Alcohol Syndrome and Alcohol Related Conditions	

## Abuse and Neglect

B	A/N	1	The Untouched Key - Tracing Childhood Trauma in Creativity and Destructiveness	Alice Miller
B	A/N	2	Waking the Tiger - Healing Trauma	Peter A Levine
B	A/N	3	Little Boy Wild - An abused child's search for love & his epic journey of survival	Derek Kurtis
B	A/N	4	A Child Called It	Dave Pelzer
B	A/N	7	The Lost Boy	Dave Pelzer
B	A/N	8	A Man Named Dave	Dave Pelzer
B	A/N	9	The Privilege of Youth	Dave Pelzer
B	A/N	11	A Brothers Journey - Surviving a Childhood of Abuse	Richard B. Pelzer
B	A/N	13	Finding Katie – The diary of Anonymous, a teenager in foster care	edited by Beatrice Sparks, Ph.D.
B	A/N	14	Parenting the Hurt Child: Helping Adoptive Families Heal and Grow	Gregory C. Peck PhD & R. M. Kupecky LSW
B	A/N	15	The Boy Who Was Raised as a Dog	Bruce D. Perry, M.D., Ph.D and Maia Szalavitz
B	A/N	16	Born for Love Trauma Proofing Your Kids - A Parents' Guide for Instilling Confidence, Joy and	Bruce D. Perry, M.D., Ph.D and Maia Szalavitz
B	A/N	17	Resilience	Peter A. Levine and Maggie Kline
DVD	A/N	1	Coping with Violence	27 min
DVD	A/N	2	Understanding the Traumatized Child	45 min
DVD	A/N	3	Parenting the Traumatized Child	45 min
DVD	A/N	4	Teaching the Traumatized Child	45 min
DVD	A/N	5	Understanding Traumatized and Maltreated Children: The Core Concepts	Bruce D. Perry, M.D., Ph.D
DVD	A/N	6	The Six Core Strengths for Healthy Childhood Development	Bruce D. Perry, M.D., Ph.D
DVD	A/N	7	The Neurosequential Model of Therapeutics	Bruce D. Perry, M.D., Ph.D
MISC	A/N	1	Caring for Children who Have Suffered Abuse & Neglect	Ministry for Children and Families

## Attention Deficit Disorder

B	ADD	1	The "Putting on the Brakes" Activity Book for Young People With ADHD	Patricia O. Quinn, M.D. & Judith M. Stern, M.A.
B	ADD	2	The Parent's Guide to Attention Deficit Disorders	Stephen B. McCarney, Angela Marie Bauer,
B	ADD	4	Scattered Minds	Gabor Mate, M.D.
B	ADD	5	My Brain Needs Glasses	Annick Vincent
B	ADD	6	The AD/HD Book	Beth Ann Hill
B	ADD	7	Take Control: Concentration is Your Goal	
B	ADD	8	Captain Chaos Lives Here	Carol Johnson
DVD	ADD	1	Answers to A.D.D. - the school success tool kit	

## Adoption

B	ADOPT	1	How it Feels to be Adopted	Jill Krementz
B	ADOPT	2	Being Adopted - The lifelong Search for Self	David M. Brodzinsky, Ph.D., Marshall D. Schechter, M.D., & Robin Marantz Henig

## Anger and Aggression

B	ANG	3	The Angry Teenager	Dr. Wm. Lee Carter
B	ANG	4	Taming the Dragon in Your Child	Meg Eastman, Ph.D
B	ANG	5	Working With Aggressive Youth	Boys Town
B	ANG	6	The Explosive Child - A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children	Ross W. Greene, Ph. D
B	ANG	8	Helping Your Angry Child - worksheets, fun puzzles, and engaging games	Darlyne Gaynor Nemeth, Kelly Paulk Ray, Ph.D.
DVD	ANG	1	A Love That Kills	20 min
DVD	ANG	2	Calming the Tempest - Helping the Explosive Child	
MISC	ANG	1	Taming Worry Dragons	E. Jane Garland & Sandra L. Clark

## Attachment

B	ATT	1	A Child's Journey Through Placement	Vera I. Fahlberg, M.D.
B	ATT	2	Separation Anxiety and Anger	John Bowlby
B	ATT	3	A Secure Base	John Bowlby
B	ATT	4	Give Them Roots, Then let them Fly: Understanding Attachment Therapy	The Attachment Centre at Evergreen, INC.
B	ATT	6	When Love is Not Enough	Nancy L. Thomas
B	ATT	7	Attaching in Adoption - Practical Tools for Today's Parents	Deborah D. Gray
B	ATT	8	Nurturing Adoptions - Creating Resilience after Neglect and Trauma	Deborah D. Gray
B	ATT	10	Hold on to Your Kids	Gordon Neufeld, PH.D & Gabor Maté, M.D.
B	ATT	11	Ghosts From the Nursery	Robin Karr-Morse & Meredith S. Wiley
B	ATT	12	Building the Bonds of Attachment - Awakening Love in Deeply Troubled Children	Daniel A. Hughes
DVD	ATT	1	Strategic Parenting	Patricia Buckley
DVD	ATT	3	Transitioning - The Journey that Lasts a Lifetime - 2 disk	Patricia Buckley
DVD	ATT	4	Bonding and Attachment	Pat Buckley
DVD	ATT	5	Responding to Attachment Disorder	Tanya Helton
Audio	ATT	1	Responding to Attachment Disorder	Tanya Helton

## Behaviour

B	BEH	1	Emotional or Behavior Disorder Intervention Manual	Stephen B. McCarney, ED.D.
B	BEH	2	The Early childhood Behavior Intervention Manual	Stephen B. McCarney, Ed.D
B	BEH	3	The Behavior Dimensions Intervention Manual	Stephen B. McCarney, Ed.D.
B	BEH	5	The Difficult Child	Stanley Turecki, M.D.
B	BEH	6	Intervention With Secondary Students	Jerry Conrath
B	BEH	7	Working with People with Challenging Behaviours -a guide for educators and caregivers	Nathan E. Ory, MA
B	BEH	9	No Such Thing As a Bad Kid - understanding and responding to challenging behaviour...	Charles D. Appelstein, MSW
DVD	BEH	1	No Such Thing As a Bad Kid - Creating and Maintaining a Strength-Based Environment	30 min Charles D. Appelstein, MSW
DVD	BEH	2	No Such Thing As a Bad Kid - Managing Number One First & Putting in the Bricks	60 min Charles D. Appelstein, MSW
DVD	BEH	3	No Such Thing As a Bad Kid - Preventing Problem Behaviour & Building Self-Esteem...	30 min Charles D. Appelstein, MSW
DVD	BEH	6	Struggle For Control: Child and Youth Behaviour Disorders	National Film Board

## Bullies

B	BUL	1	Push and Shove	
B	BUL	2	Bullies and Victims	Suellen Fried, A.D.T.R., and Paula Fried, Ph.D.
B	BUL	3	Why Is Everybody Always Picking on Me	Terrence Webster-Doyle
B	BUL	4	How to Talk to Your Kids About School Violence	
B	BUL	5	And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harassment, and Emotional Violence	James Garbarino, Ph.D. & Ellen deLara, Ph.D.
B	BUL	6	Your Child: Bully or Victim? - Understanding and Ending School Yard Tyranny	Peter Sheras Ph. D
DVD	BUL	7	Bullies: Their Making and Unmaking Gordon Neufeld – 4 hr	Gordon Neufeld

## Crisis Prevention Institute

DVD	CPI	1	The Preventative Techniques
DVD	CPI	2	Your Plan of Action - How to stay Safe When Intervening Alone
DVD	CPI	3	Louder Than Words: How to Intervene With Nonverbal Individuals
DVD	CPI	4	The Art of Setting Limits
DVD	CPI	5	The Power of Listening
DVD	CPI	6	The Principles of Effective Limit Setting
DVD	CPI	7	Advancing Your Verbal Intervention Skills, "How To" Strategies for Intervening With Challenging Individuals
DVD	CPI	8	How to Excel at Verbal Intervention
DVD	CPI	9	Under the Influence and Out of Control

## Drugs and Alcohol

B	D&A	1	Taking charge of My Mind & Body	Gladys Folders, MA & Jeannie Engelmann
B	D&A	2	Living With Prenatal Drug Exposure: A Guide for Parents	Lisa Cowen, Jennifer Lee, for SNAP Canada
DVD	D & A	1	FIX: The Story of an Addicted City	92 min
DVD	D & A	2	Through a Blue Lens	52 min
DVD	D & A	3	No Quick Fix - With Accompanying Guide	52 min
DVD	D & A	4	Death By Jib: The Dangers of Crystal Meth	19 min
MISC	D & A	1	Youth and Drugs: An Education Package for Professionals	Addiction Research Foundation
MISC	D & A	2	Crystal Meth Kit	Crystal Meth Task Force North Okanagan

## Eating Disorders

B	EAT	1	What's Real; What's Ideal: Overcoming A Negative Body Image	Brangien Davis
B	EAT	2	When Girls Feel Fat	Sandra Susan Friedman
B	EAT	3	Eating Disorders: Everything You Need to Know	Jim Kirkpatrick MD & Paul Caldwell MD

## Fetal Alcohol Spectrum Disorder

B	FASD	6	FASD - Strategies not Solutions	Stephanie Jones and Laura Cunningham
B	FASD	8	My Name is Amanda and I Have FAS	FAS/E Support Network of B.C.
B	FASD	9	Trying Differently Rather Than Harder	Diane Malbin, M.S.W.
B	FASD	10	Alcohol-Related Birth Defects	Health Canada
B	FASD	11	Alcohol-Related Birth Defects	Health Canada
B	FASD	12	Fantastic Antoine Succeeds: Experiences in Educating Children with FAS	Judith Kleinfeld and Siobhan Wescott
B	FASD	13	FAS: A Guide for Daily Living	Ministry for Children and Families Education
B	FASD	18	The Broken Cord - A family's ongoing struggle with fetal alcohol syndrome	Michael Dorris
B	FASD	19	Living With FASD - A Guide for Parents	Sara Graefe for SNAP Canada
B	FASD	21	FASD Relationships: What I have Learned about Fetal Alcohol Spectrum Disorder	Rod Densmore, M.D., Father of a Young Man Who Has FAS
DVD	FASD	1	Journey Through the Healing Circle - The Little Fox, The Little Mask	
DVD	FASD	2	Journey Through the Healing Circle - Travels in Circles, Sees No Danger & Wanders Afar	
DVD	FASD	3	Creating Solutions: Women Preventing F.A.S.	
DVD	FASD	4	FASD and Your Child: Cause, Effects and Interventions	
DVD	FASD	5	Finding Hope: Fetal Alcohol Spectrum Disorder;	
DVD	FASD	6	FASD Relationships: What I have Learned about Fetal Alcohol Spectrum Disorder	
DVD	FASD	7	Parenting with FASD Challenges, Strategies and Supports	
DVD	FASD	8	Recovering Hope - Mothers speak out about FASD	
MISC	FASD	1	FASD Miscellaneous Handouts	
MISC	FASD	2	FASNet Screening	FAS/E Support Network of BC
MISC	FASD	3	FASD Resource Toolkit, 2 <sup>nd</sup> Edition	2 <sup>nd</sup> Edition Northern Family Health Society 2009

## Fostering

B	FOST	1	Welcome Home - A Guide for Adoptive, Foster and Treatment Foster Parents	Christopher J. Alexander Ph. D.
B	FOST	2	Dancing Through the Snow	Jean Little
B	FOST	3	Willow and Twig	Jean Little
B	FOST	4	The Gus Chronicles	Charles D. Appelstein, M.S.W.
B	FOST	5	The Gus Chronicles II	Charles D. Appelstein, M.S.W.
B	FOST	6	I'd Rather Be with A Real Mom Who Loves Me.	Michael Gordon, Ph.D.
B	FOST	7	The Forever Child - A Tale of Anger and Fear	Jean Little
B	FOST	8	The Forever Child - A Tale of Lies and Love	Jean Little
B	FOST	9	Maybe Days: A Book For Children in Foster Care	Jennifer Wilgocki & Marcia Kahn Wright
B	FOST	10	three little words - a memoir	Ashley Rhodes-Courter
B	FOST	11	hundreds and thousands, secrets and dreams - poetry & art by children in care, their foster carers and families	Janice Levy; illustrated by Whitney Martin
B	FOST	12	Finding the Right Spot - When Kids Can't Live With Their Parents	Margaret M. Holmes; illustrated by Cary Pillo
B	FOST	13	A Terrible Thing Happened	Jan Levinson Gilman; illustrated by Kathy O'Malley
B	FOST	14	Murphy's Three Homes a story for children in foster care	Patrice Karst; illustrated by Geoff Stevenson
B	FOST	15	The Invisible String	30 min
DVD	FOST	1	Gladys's Story	5 min BCFFPA
DVD	FOST	2	For the Sake of Our Children: A Video Guide to Child Protection Law in BC	16 min
DVD	FOST	3	Because They Are Children	National Youth in Care Network
DVD	FOST	4	Multiple Transitions: A Young Child's Point of View on Foster Care and Adoption	50 min
DVD	FOST	5	Digital Stories, Volumes 1 & 2	Boy's Town Press
DVD	FOST	6	My Story – Derek Clark	
MISC	FOST	1	Rebuilding Children's Lives: A Training Kit for Treatment Foster Care	

## Grandparents

B	GP	2	Supporting Grandparents Raising Grandchildren - resource booklet	University of Victoria
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## Infants

B	I	1	Safe Babies - daily care for infants exposed prenatally to alcohol and drugs	Capital Health Region & MCFD
B	I	2	Special Delivery - A simple guide for parenting substance exposed babies	Sibhan Smith, North Family Health Society
B	I	3	Baby Sign Language – A practical Guide to Signing with your Baby	Alison MacKonochie
B	I	4	Caring for Drug Exposed Infants	Barbara Drennen
B	I	5	Caregivers Guide to Drug-Exposed Infants	Barbara Drennen
B	I	6	Baby Steps Caring for Babies with Prenatal Substance Exposure	Vancouver Coastal Region Safe Babies Program



DVD	I	1	The Period of Purple Crying: A New Way to Understand Your Babies Crying	
DVD	I	2	Promoting First Relationships, Learn how to promote healthy relationships between young children and their parents and their parents and child care providers	
DVD	I	3	Helping Babies from the Bench – Using the Science of early Childhood Development in Court	
DVD	I	4	Caring for our Children – Caring for Vulnerable Babies	
DVD	I	5	A Simple Gift, Comforting Your Baby	
DVD	I	6	Caring for Drug Exposed Infants	
DVD	I	7	Too Hot for Tots	BC Childrens Hospital

## Learning Disabilities

B	LD	1	The Parent's Guide To Learning Disabilities	Stephen B. McCarney, Ed.D.
B	LD	2	Bridging the Gap: Raising a Child with Nonverbal Learning Disorder	Rondalyn Varney Whitney
B	LD	4	It's So Much Work To Be Your Friend	Richard Lavoie
B	LD	5	The Motivation Breakthrough - 6 Secrets to Turning On the Tuned-Out Child	Richard Lavoie
DVD	LD	1	When the Chips are Down - Learning Disabilities and Discipline with	Richard Lavoie
DVD	LD	2	Last one Picked...First one Picked on - Learning Disabilities and Social Skills	Richard Lavoie
DVD	LD	3	It's So Much Work to be Your Friend - presented by Richard Lavoie	Richard Lavoie
DVD	LD	4	Look What You've Done! Stories of Hope and Resilience -Learning Disabilities and Self Esteem	Richard Lavoie
DVD	LD	5	How Difficult Can This Be? The F.A.T. City Workshop	Richard Lavoie
DVD	LD	6	Misunderstood Minds - understanding kids who struggle to learn	90 min
MISC	LD	1	Invisible Disabilities: The Parent Reference and Resource Kit	Federation for Invisible Disabilities

## Loss and Grief

B	L/G	2	All Kinds of Separation	Carolyn Cunningham, Ph.D.
B	L/G	3	Facing Change	Donna O'Toole
B	L/G	4	Lifetimes: The Beautiful Way to Explain Death to Children	Bryan Mellonie & Robert Ingpen
B	L/G	5	Parenting Through Crisis	Barbara Coloroso
B	L/G	6	The Grieving Child - a parent's guide	Helen Fitzgerald
DVD	L/G	1	Separation and Loss Issues for Foster Homes And Birth Families	Vera Fahlberg
DVD	L/G	2	Separation & Loss	Patricia Buckley
MISC	L/G	1	Broken Hearts: Dealing With Feelings of Loss and Understandings of Grief	

## Life Books

B	LB	1	My Foster Care Journey	Beth O'Malley, M.Ed.
B	LB	2	Outstanding Scrap Book Pages	Best of Memory Makers
B	LB	3	Family Tree Ideas for Scrap bookers	Best of Memory Makers
B	LB	4	Creating a Treasure for the Adopted Child	Beth O'Malley, M.Ed.
B	LB	5	Creating Memories - Making a Memory Scrapbook for Life's Special Occasions	Mary-Anne Danaher

## Mental Health

B	MH	1	A Lasting Impression	The Canadian Mental Health Association
B	MH	2	When Things get Really Weird: For Children Who Have a Parent With Schizophrenia	Nicole Chovil
B	MH	3	When Things are Sad and Gloomy: For Children who Have a Parent With Depression	Nicole Chovil
B	MH	4	When Moods go Up and Down: For Children who Have Parents With Bipolar Disorder	Nicole Chovil
B	MH	5	The Primer: Fact Sheets on Mental Health and Addictions Issues	B.C. Partners for Mental Health and Addictions
B	MH	6	Visions: Concurrent Disorders and Substance Use Problems	B.C. Partners for Mental Health and Addictions
B	MH	7	Mental Disorders Toolkit	B.C. Partners for Mental Health and Addictions
B	MH	8	Anxiety Disorders Toolkit	B.C. Partners for Mental Health and Addictions
B	MH	9	Depression Toolkit	B.C. Partners for Mental Health and Addictions
B	MH	10	How You Can Help: A Toolkit for Families	B.C. Partners for Mental Health and Addictions I
B	MH	11	Keys to Parenting Your Anxious Child	Katharina Manassis
DVD	MH	1	A Map of the Mind Fields - Adolescent Psychosis	
DVD	MH	2	Fighting Their Fears - Child and Youth Anxiety	60 min
DVD	MH	3	Beyond the Blues - Child and Youth Depression	60 min
DVD	MH	4	Lifes A Twitch	30 min

## Mental Health - Depression

B	DEP	1	Helping Your Child Cope with Depression and Suicidal Thoughts	Tonia K. Shamoo & Philip G. Patros
B	DEP	2	Helping Your Depressed Teenager	Montgomery, MSW
B	DEP	3	Cutting - Understanding and Overcoming Self-Mutilation	Steven Levnkron
B	DEP	4	Suicide Intervention Handbook	Livingworks
MISC	DEP	1	DWD: Dealing With Depression	Ministry of Children and Family Development

# Parenting

B	PAR	1	The 5 Love Languages of Children	Gary Chapman & Ross Campbell, M.D.
B	PAR	3	Captain Chaos Lives Here	Carol Johnson
B	PAR	4	Joyful Learning: Learning Games for Children Ages 4 to 12	Mary Hansen
B	PAR	6	The Chalkboard in the Kitchen	Teresa Savage
B	PAR	7	Hold on to Your Kids: Why Parents Matter	Gordon Neufeld, PH.D & Gabor Maté, M.D.
B	PAR	8	How to Talk So Kids Will Listen & Listen so Kids Will Talk	Adele Faber and Elaine Mazlish
B	PAR	9	Raising Well-Behaved Kids: 42 Tips from Toddler to Teen That Really Work!	Sue Kruszewski
B	PAR	10	Games for Reading: Playful Ways to Help Your Child Read	Peggy Kaye
B	PAR	15	Off Road Parenting: Practical Solutions For Difficult Behaviour	Caesar Pacifici, Ph.D., Patricia Chamberlain, Ph.D., Lee White
B	PAR	18A	Raising Happy, Healthy, Weight-wise Kids	Judy Toews, Nicole Parton,
B	PAR	19A	9 Ways to Bring The Best In You & Your Child - Book	Maggie Reigh
B	PAR	19B	9 Ways to Bring The Best In You & Your Child - Booklet	Maggie Reigh
B	PAR	20	Escape School: Smart Ways to Keep Kids Safe from Abduction	Bob Stuber
B	PAR	21	Kids Are Worth It! Giving Your Child the Gift of Inner Discipline	Barbara Coloroso
B	PAR	23	Right From Wrong - Instilling a Sense of Integrity in your Child	Michael Riera & Joseph Di Prisco
B	PAR	24	Just because it's not wrong doesn't make it right	Barbara Coloroso
B	PAR	25	What To Do... (When kids are mean to your child)	Elin McCoy
B	PAR	26	The Connected Child - for parents who have welcomed children Raising Your Spirited Child - a guide for parents whose child is more intense,	Karyn B. Purvis Ph.D., David R. Cross, Ph.D.
B	PAR	27	sensitive, persistent and energetic	Mary Sheedy Kurcinka
B	PAR	28	Beyond Consequences, Logic, and Control Volume 1	Heather T Forbes & B Bryan Post
B	PAR	29	Beyond Consequences, Logic, and Control Volume 2 Queen Bees and Wannabes - Helping Your Daughter Survive Cliques, Gossip,	Heather T Forbes
B	PAR	30	Boyfriends, And the New Realities of Girl World	Rosalind Wiseman
DVD	PAR	1	Winning at Parenting...without beating your kids by Barbara Coloroso	
DVD	PAR	2	Parenting the Explosive Child - the collaborative problem solving approach	
DVD	PAR	3	Escape School: School Violence	
DVD	PAR	4	Parenting with Humor	
DVD	PAR	14	Beyond Consequences LIVE 4 disks	
MISC	PAR	1	Ready, Set, Fly! Parents' Guide to Teaching Life Skills	Casey Family Programs
MISC	PAR	3	Positive Parenting Handbook	Safe Society, Salmon Arm
Audio	PAR	1	10 Important Back to School Tips for Parents and Teachers	Beyond Consequences Institute
Audio	PAR	2	Ask the Expert – Nutrition for Children	Beyond Consequences Institute
Audio	PAR	3	Beyond Consequences, Logic and Control, Toddlers - 2 part Audio CD	Beyond Consequences Institute
Audio	PAR	4	Beyond Consequences, Logic and Control, Five-to-Nine - 3 part Audio CD	Beyond Consequences Institute
Audio	PAR	5	Beyond Consequences, Logic and Control, Tweens - 2 part Audio CD	Beyond Consequences Institute
Audio	PAR	6	Beyond Consequences, Logic and Control, Teenagers- 2 part Audio CD	Beyond Consequences Institute

## Sensory Integration

B	SENS	1	The Sensory-Sensitive Child: Practical Solutions for Out of Bounds Behavior	Karen A. Smith Ph.D, Karen R. Gouze, Ph. D.
B	SENS	2	No More Meltdowns	Jed Baker, Ph. D
B	SENS	3	The Out of Sync Child Recognizing and Coping with Sensory Integration Dysfunction	Carol Stock Kranowitz
B	SENS	4	Unlocking the Mysteries of Sensory Dysfunction - A resource for anyone who works with, or lives with, a child with sensory issues	Elizabeth Anderson, Pauline Emmons
DVD	SENS	1	Sensory Processing Disorder: Simulations for Parents, Teachers and Therapists	
DVD	SENS	2	Getting Kids in Sync – Sensory Motor Activities to help Children develop Body Awareness	

## Sexual Abuse

B	SEX/A	1	A Touching Book	Jan Hindman
B	SEX/A	2	Shining Through [pulling it together after sexual abuse]	Mindy B. Loiselle & Leslie Bailey Wright
B	SEX/A	3	Something Happened And I'm Scared To Tell	Patricia Kehoe, Ph.D.
B	SEX/A	4	STOP *JUST FOR KIDS*	Terri Allred, M.T.S. & Gary Burnes, M.S.
B	SEX/A	5	When Your Child Has Been Molested	Kathryn B. Hagans, & Joyce Case
B	SEX/A	6	Treatment Exercises for Child Abuse Victims and Children with	Toni Cavanagh Johnson, Ph.D.
B	SEX/A	7	The Me Nobody Knows	Barbara Bean & Shari Bennett
B	SEX/A	8	Responding To Children's Sexual Behavior	Greater Vancouver Mental Health Services
B	SEX/A	9	When Girls Have Been Sexually Abused	
B	SEX/A	10	Living With labels and Lies	Carol Dauphinais
B	SEX/A	11	Making the Decision to Care	Frederick Mathews, Ph.D., C.Psych.
B	SEX/A	12	Helping Abused Children	Patricia Kehoe, Ph.D.
B	SEX/A	13	Sexual Abuse: What Happens When You Tell	
B	SEX/A	14	Understanding Children's Sexual Behaviors	Toni Cavanagh Johnson, Ph.D.
B	SEX/A	17	Working With Traumatized Children	Kathryn Brohl
B	SEX/A	18	The Secret of the Silver Horse	Department of Justice Canada
B	SEX/A	20	Sexual Abuse Prevention for Young People with Disabilities	Linda Graham, Angela Smailes, David Gambrill
B	SEX/A	26	Facing the Sunshine- a young woman's emergence...	Sara Jane Thornton
B	SEX/A	27	How Long Does It Hurt?-a guide to recovering from incest and sexual abuse...	Cynthia L. Mather with Kristina E. Debye
MISC	SEX/A	1	Responding to Children's Sexual Behaviour - Guide for Foster Parents	Greater Vancouver Mental Health Services
MISC	SEX/A	2	Preventing Abuse and Promoting Healthy Sexuality....	Sunny Hill Health Centre for Children

## Sexuality

B	SEX	1	I Openers: Parents Ask Questions about Sexuality & Children With Developmental Disabilities	Dave Hingsburger
B	SEX	2	Speaking of Sex	Meg Hickling R.N.
B	SEX	3	It's Perfectly Normal: Changing Bodies, Growing Up, Sex & Sexual Health	Robie H. Harris
B	SEX	5	It's So Amazing: A Book about Eggs, Sperm, Birth, Babies and Families	Robie H. Harris
DVD	SEX	1	You the Web and Sex - a teen's guide to managing sexuality online	

## Social Skills

B	SOC	1	Social Skills Activities for Special Children	Darlene Mannix
B	SOC	2	Best Friends, Worst Enemies - Understanding the Social Lives of Children	Michael Thompson, , Catherine O'Neill Grace
B	SOC	3	Helping the Child Who Doesn't Fit In	Stephen Nowicki, Jr, Marshall P. Duke
B	SOC	5	Teaching Your Child the Language of Social Success	Marshall P. Duke, Ph.D.; Stephen Nowicki, Jr.,
B	SOC	6	Taming Worry Dragons	E. Jane Garland, Sandra L. Clark, PhD.
MISC	SOC	1	Stories to Learn From	Miscellaneous
MISC	SOC	2	Conflict Resolution	Wendi Mackintosh & No Surprises
MISC	SOC	3	Equality in Dating	Vernon and District Women's Centre Project

## Special Needs

B	SPEC/N	1	Children with Tourette Syndrome	Editor: Tracy Haerle
B	SPEC/N	2	Children with Autism	Michael D. Powers, Psy.D
B	SPEC/N	3	Children with Cerebral Palsy	Edited by Elaine Geralis
B	SPEC/N	4	Children with Epilepsy	Edited by Helen Reisner
B	SPEC/N	5	The New Language of Toys	Ed.M.
B	SPEC/N	6	A Parent's Guide to Down Syndrome	Siegfried M. Pueschel
B	SPEC/N	8	The Signed English Dictionary for Preschool and Elementary Levels	Signed English
B	SPEC/N	9	Challenges and Opportunities	Peggy Lasser
B	SPEC/N	10	The Learning Circle	Harvey McCue and Associates
B	SPEC/N	11	A Way With Words	Status of Disabled Persons Secretariat
B	SPEC/N	15	All my Life's a Circle	Mary A. Falvey, Marsha Forest, Jack Pearpoint,
B	SPEC/N	22	The Home-School Connection	Richard L. Rosenberg
B	SPEC/N	23	Retarded ISN'T Stupid, Mom!	
B	SPEC/N	28	Resources for Teaching Young Children With Special Needs	Sandra Z. Kaufman
B	SPEC/N	30	I Openers: Parents Ask Questions about Sexuality & Children With Developmental Disabilities	Penny Low Deiner
				Dave Hingsburger

B	SPEC/N	31	The Boy Who Loved Windows -opening the heart and mind of a child threatened with autism	Patricia Stacey
B	SPEC/N	32	Handbook of Mental Health Care for Persons with Developmental Disabilities	Ruth Ryan MD
B	SPEC/N	33	Do? Be? Do? – What to teach and How to teach people with developmental disabilities	Dave Hingsburger
B	SPEC/N	34A	"Behaviour Self!" copy 1 - Using Behavioural Concepts to Understand and Work with People...	Dave Hingsburger
B	SPEC/N	35	Safe and Secure - Six Steps to Creating a Good Life for People with Disabilities	Al Etmanski with Jack Collins & Vickie Cammack
B	SPEC/N	37	A Good Life for you and your relative with a disability	Al Etmanski
B	SPEC/N	38	Evidence of Harm - Mercury in Vaccines and the Autism Epidemic: A Medical Controversy Changing the Course of Autism –	David Kirby
B	SPEC/N	39	A Scientific Approach for Parents and Physicians The Power of Knowing Each Other: Stories about informal safeguards told by BC families	Bryan Jepson M.D.
B	SPEC/N	40	BC families	Community Living BC
DVD	SPEC/N	1	Autism: The Road Back	55 min
DVD	SPEC/N	2	A Child Unlike Any Other - One Family's Story of Autism	12 min
MISC	SPEC/N	1	Facing Our Fears: Protecting Children with Disabilities from Sexual Abuse	Sexual Abuse Intervention Program
MISC	SPEC/N	3	Adapting & Modifying Programs	Dawn Reithaug
MISC	SPEC/N	4	Express Yourself!	Ministry for Children and Families
MISC	SPEC/N	5	Your Transition Planning Workbook	

## Teens

B	TEEN	1	Healthy Eating for PreTeens and Teens	Leslie Beck, RD
B	TEEN	2	Help Yourself for Teens: Real Life Advice for Real Life Challenges	Dave Pelzer
B	TEEN	3	Surviving Your Adolescents	Thomas W. Phelan, Ph.D.
B	TEEN	6	Uncommon Sense for Parents with Teenagers	Michael Riera Ph. D.
B	TEEN	9	A Travel Guide to High School	Dr. Trevor Cole & Dr. Maurice Gibbons
B	TEEN	10	Raising a Teenager - Parents and the Nurturing of a Responsible Teen Always My Child	Jeanne Elium & Don Elium
B	TEEN	11	A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual...	Kevin Jennings
B	TEEN	12	Is My Teenager Ok? A Parent's All-in-One Guide to the Emotional Problems of Today's Teens	Henry Paul, M.D.
B	TEEN	13	Fostering to Independence: practical manual for foster parents by foster parents	Debbie Verkerk, MA, Lenox Neher & Jodi Higgs, BA, B.Ed
B	TEEN	15	A Travel Guide to High School	Dr. Trevor Cole, Dr. Maurice Gibbons
B	TEEN	16	Life Strategies for Teens	Jay McGraw
B	TEEN	17	Life Strategies for Teens - Workbook	Jay McGraw
B	TEEN	18	A Taste-Berry Teen's Guide to Managing the Stress and Pressures of Life	Bettie B. Youngs Ph.D. Ed.D and Jennifer Leigh Youngs
MISC	TEEN	19	Useful Tips for Youth Leaving Care - Facilitator's Guide	Ministry for Children and Family Development

## Miscellaneous

B	MISC	5	Abuse is Wrong in Any Language	Department of Justice Canada
B	MISC	7	What is A Feeling?	David W. Krueger, M.D.
B	MISC	8	Frames of Mind: The Theory of Multiple Intelligences	Howard Gardner
B	MISC	9	Convention on the Rights of the Child	Canadian Heritage
B	MISC	10	So, You Have to Go to Court!	Wendy Harvey, LL.B., Anne Watson-Russell
B	MISC	15	The Family Pharmacist - An A - Z Guide to Children's Illnesses and Medications	Lisa M. Chavis R. Ph
B	MISC	16	Brain Gym - Teachers Edition	
B	MISC	17	Taking care of the Caregivers and Takers	Dr. Gary Phillips and Dr. Pattabi Raman
DVD	MISC	1	Escape School: School Violence	
DVD	MISC	2	Escape School: Abduction	
DVD	MISC	3	Wards of the Crown: Surviving the Child Welfare System	
DVD	MISC	4	The Unforgettable Pen Pal - a story about prejudice & discrimination	28 min
			Stress Management- A Practical Guide to Reducing Stress in Every Aspect of	
DVD	MISC	5	Your Life:	83 min
DVD	MISC	6	Assertiveness Skills – 12 Positive Action Steps for Taking Charge of Your Life	53 min
	Ref	1	Community Resource Guide for Parents 2012	Early Childhood Development Committee
	Ref	3	Resources in our Community - Special Needs	
	Ref	4	Resource Libraries	

## FOSTER PARENT COLLEGE

A training program, which you can complete right in your own home! The lessons are on DVD and come with a brief Q & A.

You get a certificate on completion of each "class"

ADHD, ADD & ODD

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Anger Pie

Childhood Anxiety Disorders

Children with Autism

Child Safety & Supervision

Eating Disorders

Fire-Setting

Grief & Loss in Foster Care

House Safety

Impact of Fostering on Birth Children

Kinship Care

Lying

Positive Parenting 1

Positive Parenting 2

RAD-Reactive Attachment Disorder

Runaway Behavior

Safe Parenting

Self Harm

Sexualized Behavior

Sleep Problems

Stealing

Substance Exposed Infants

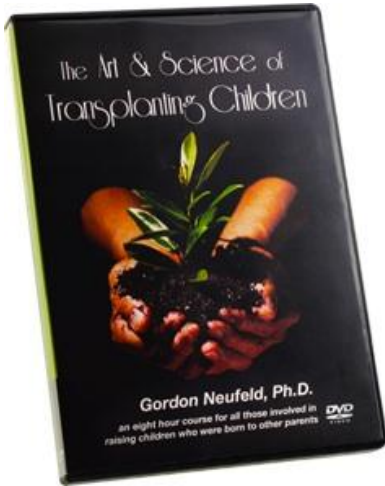
Wetting and Soiling

Working with Schools

Working with Birth Parents 1: Visitation

# GORDON NEUFELD WORKSHOPS ON DVD

## *The Art and Science of Transplanting Children - an eight-session videocourse*



The following is from the description on the back of the DVD cover:

*The impact of attachment disruption, even when in the best interests of the child, can be deep and profound, interfering with even the most loving and skilled attempts to raise the child by foster parents, adoptive parents or step parents. When such children fail to adequately re-attach to the parent or parents who are raising them, or who are unable to recover from the impact of the attachment disruption, nothing works as it should.*

*Our practices with such children need to be founded on a solid knowledge base of their attachment needs and of the effects that attachment disruption can have on subsequent development and receptivity to care. Transplanting children - whether the result of remarriage, adoption, parental loss, removal, or change in custody - constitutes the most difficult challenge in raising children.*

*Like plants, it is all about their attachment roots; unlike plants, it is a great deal more complicated.*

### ***Hold On To Your Kids: the DVD***

This two-hour presentation by Dr. Neufeld captures the heart and soul of his book and the warmth that is hard to convey in writing. Those who have read the book comment on how much more accessible this presentation makes the written material. Those who prefer viewing to reading don't have to miss out on what this book has to offer.

### ***Making Sense of Anxiety in Children and Youth: four, one hour sessions***

Dr. Neufeld puts the pieces of the anxiety puzzle together to reveal roots deep in separation alarm. Dr. Neufeld's comprehensive model of attachment provides new meaning to the construct of separation and lays the foundation for effective treatment and cure. In mapping out the separation complex, Dr. Neufeld also reveals the relationship of anxiety to other common childhood issues including dominance, aggression and attention problems. Dr. Neufeld brings a fresh and promising perspective to one of our most troubling and perplexing human problems.

### ***Making Sense of Preschoolers: A six hour course explaining what every child needs us to know about them - 12 half hour sessions***

Dr. Neufeld leads us into the interior landscape of the preschooler. He provides insight into their shyness, separation anxieties, aggression, resistance, oppositionality and more. Making sense of these confusing yet wondrous creatures lays the foundation for intuitive and fruitful interaction with them.



***Adolescence and Sexuality: A fresh look at today's youth using the latest understandings of human sexuality – a 4 session videocourse***

Today's adolescents live in a hypersexualized culture. Most have received a school- based sex education where safe sex typically refers to physical intimacy that is free of sexually transmitted diseases or unwanted pregnancy. Despite their greater exposure and education, current evidence suggests that many youth are in trouble sexually and that their sexual development is not unfolding as it should.



How is sexuality meant to develop? What is happening today that is different than in previous generations? How does sex affect the brain and bonding? In this course, Dr. Neufeld examines sexuality through the lenses of attachment, maturation and vulnerability. He sheds light on why adolescents are losing their timidity, why sexual interaction is on the rise, and why sexual bullying is becoming a problem. He explores the meaning of safe sex from an attachment-based developmental perspective and provides suggestions for contributing to the healthy unfolding of sexuality in our youth.

***Relationship Matters DVD - a 2 hour presentation***

This is a professional recording of an outstanding presentation by Dr. Neufeld to a full house at the world famous Chan Centre for the Performing Arts in Vancouver, BC. The talk was received enthusiastically by both long-time students of Neufeld's approach as well as by those who had heard him for the first time. According to the audience, Dr. Neufeld did a brilliant job of explaining why a child's relationship to the adults responsible must be the context for parenting and teaching. All the basic constructs of his teaching are woven into this captivating presentation.

***Making Sense of Play: WHY children need to play and WHAT they need for true play to result - 2 hour presentation***

Play - at least the kind that builds brains and forwards development - is becoming an endangered activity among those who need to engage in it most. Part of the problem is the premature pressure on children to learn and to become socialized. Another factor is the amount of screen time that children engage in. The most significant factor however is the failure to provide the conditions that result in the kind of play that helps children realize their true potential.

Play is not optional from a developmental point of view. Participants not only learn what kind of play is most beneficial but also how to support this activity in children. The information in this two-hour seminar applies to children of all ages although the primary focus is young childhood.

***Making Sense of Discipline: the INs and OUTs of imposing order on children's behaviour - a 3 hour videocourse plus 1 hour bonus***

Most every parent and teacher wants to know what to do when .... This tends to be the most pressing and universal issue in dealing with children. Finding the right answers to these questions becomes more challenging when parents and teachers are concerned about issues like attachment and healthy development and do not want their discipline methods to undermine or sabotage these processes. At the same time however there is the responsibility to teach the lessons that need to be learned and to impose order when required.

This three hour course speaks to the question of what to do when ..., but does so in the larger context of what is required to raise children to their full potential as human beings. Some of the prevailing discipline practices - like time-outs and consequences - are discussed from this perspective. In three short hours, participants have the opportunity to develop a comprehensive approach to discipline with strategies that are attachment-safe and developmentally friendly. The ultimate objective of this course is for parents and teachers to come to the place where the answers will come from their own understanding and where they possess the inner confidence to handle the small stuff as well as the more challenging issues. In addition to the three one-hour sessions, the DVD set comes with 1 hour of bonus material- Session 7 of Power to Parent III - that deals with the special challenges of imposing order on stuck kids.

### ***Making Sense of Attention Problems - a 4 hour videocourse***

The Attention Deficit Disorder label has brought concerns regarding attention to the fore of public consciousness but unfortunately without the foundational knowledge that enables parents and teachers to find their way through a glut of confusing and often conflicting information. The professionals in charge of diagnosing are often experts at describing the symptoms but tend to come up short when it is time for explanations. Since we can only truly address that which we understand, the prevailing focus in our society has turned to managing symptoms instead of effecting a cure.

There are many kinds of attention problems, most deeply rooted in emotional and developmental dynamics. In this four hour course, participants will gain an understanding of how the attention system develops and what can go wrong and why. Participants will also learn to differentiate between three basic kinds of attention problems that can all lead to an ADD diagnosis. The ultimate objective of the course is to provide the participants with strategies for addressing the roots of the attention problems in such a way that the symptoms abate, regardless of their underlying cause.

### ***Making Sense of Adolescence - an eight-session videocourse***

Crossing the bridge from childhood to adulthood has never been so daunting. The time of adolescence is longer than ever and yet society today offers little support in understanding or facilitating this transition. What is nature's purpose? What is the developmental design? What is meant to happen? This course is designed to be used by parents, grandparents, teachers, administrators, professionals - anyone who desires to make sense of adolescence. Dr. Neufeld helps shed light into this often dark and confusing time. He gives both the tools and the eyes to see an adolescent through the journey, and articulates why now more than ever adolescents need our help to cross that bridge. Dr. Neufeld's unique distillation of adolescent psychology and the integration of this material with his rich experience with teens both professionally and as a father, forms the basis of these insights and the suggestions he provides.

### ***Making Sense of Counterwill - a four session videocourse***

The instinct to resist being controlled or coerced is one of the most perplexing and troublesome dynamics in dealing with children and youth. The counterwill instinct is manifest in a myriad of behaviours and attitudes, and some children are highly afflicted. Dr. Neufeld reveals the dynamics controlling this instinct and provides suggestions for how to deal with this troubling phenomenon. This material is applicable for all adults dealing with toddlers through adolescents - teachers, parents and helping professionals. Participants find the insights highly enlightening and life-changing.

### ***Making Sense of Aggression - a four session videocourse***

Aggression problems are deeply rooted in instinct and emotion and therefore resistant to conventional discipline practices. Dr. Neufeld uncovers these roots and outlines steps to addressing them. His rich professional experience with aggressive children and violent youth informs this refreshing approach to an age-old problem. The principles are applicable to children of all ages and to educators and helping professionals in all settings. Parents too can benefit.

### ***Bullies: Their Making and Unmaking - a 4 hour videocourse***

In this videocourse, Dr. Neufeld sheds light on this dark side of human nature. This refreshing developmental analysis of bullies reveals instinctive roots embedded in the dynamics of attachment and the flight from vulnerability. The implications for intervention and treatment are profound and largely counter to prevailing approaches. Invited to keynote on Canada's first national conference on bullying, Dr. Neufeld shares the insights that have evolved as a result of years of experience working with bullies of all kinds, combined with his mastery of the developmental literature.



***The Vital Connection (Power to Parent Part I) - an eight-session videocourse*** In this first volume, Dr. Neufeld focuses on the child-adult relationship as the context for raising children. Parents and professional learn how this relationship is meant to develop, what can go wrong, why peers must not matter more than parents, the true meaning of shyness, how to cultivate a context of connection, how to win back one's child if need be, how to preserve the connection, and more. Parents and professionals also learn about the kinds of interactions and discipline that erode the relationship and effective alternatives that are attachment-safe.

***Helping Children Grow Up (Power to Parent Part II) - an eight-session videocourse*** How do we nurture our children and provide the necessary elements for growth? How do we remove the impediments to becoming their own persons? Building on the foundation of relationship in Part I of the series, this sequel focuses on how to help children realize their potential as human beings. Growing older is no guarantee of growing up. Childhood is when most of the growing up should occur but we need to know how to cultivate the maturing process. This course sheds light on the adult's role in the miracle of maturation.

***Common Challenges (Power to Parent Part III) - an eight-session videocourse***

Raising children is rewarding, but not always easy! Every child gets stuck from time to time on the road to maturation and every parent faces challenges at some point on the journey. At these times, we could benefit from experienced insight and practical suggestions that are in the best interest of our children. In this third part of the ***Power to Parent*** series, Dr. Neufeld helps equip parents to read the signs of a child in trouble, live with a sensitive child, cultivate resilience in a child, lead an alpha child, soften a defended child, discipline a stuck child, and more. Dr. Neufeld offers effective and safe practices that honor and preserve the relationship, even when the problems seem daunting. In making sense of a child's experience, parents are better prepared to lead them through challenging times.

***Power to Teach - a four-session videocourse for educators***

Teaching is getting harder, not easier. This despite the fact that teachers have never been more educated, technology has never been more advanced, curriculum has never been so refined and pedagogy has never been so honed. Although these factors are important, the true problem in schooling lies elsewhere. Dr. Neufeld has been joining the dots for over 35 years and has concluded that the power to teach is being eroded in today's society. In his insightful analysis, Dr. Neufeld uncovers four natural sources of power and reveals the handicaps that result when these are missing. He exposes the reasons why today's teachers more than ever need to harness the power of attachment to do their jobs.