

# Okanagan Foster Parents Association



## Resource Library for Foster Parents

North Okanagan      August 2017

#301 – 3402 – 27<sup>th</sup> Ave., Vernon, B.C. V1T 1S1

**250-558-0939**

noksupport@okfosterparents.ca

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# Aboriginal

B	ABOR	1	The Learning Circle	Indian and Northern Affairs Canada
B	ABOR	2	Bannock Awareness	Forest Service of British Columbia
B	ABOR	3	Claire and her Grandfather	Indian and Northern Affairs Canada
B	ABOR	4	All My Relations - Cook Book	Kelowna Foster Parent Association
B	ABOR	5	First Nations 101 – tons of stuff you need to know about First Nations people	Lynda Gray
B	ABOR	6	Speaking My Truth – Reflections on Reconciliation & Residential School	Rogers, Degagne, and Dewar
B	ABOR	7	Aboriginal People, Resilience, and the Residential School Legacy	Aboriginal Healing Foundation Research
B	ABOR	8	Fetal Alcohol Syndrome Among Aboriginal People in Canada: Review and Analysis of the intergenerational Links to Residential Schools	Aboriginal Healing Foundation Research
B	ABOR	9	From Truth to Reconciliation – Transforming the Legacy of Residential Schools	Aboriginal Healing Foundation Research
B	ABOR	10	Metis History and Experience and Residential Schools in Canada	Aboriginal Healing Foundation Research
B	ABOR	11	Reclaiming Connections: Understanding Residential School Trauma Among Aboriginal People	The Aboriginal Healing Foundation
B	ABOR	12	Together With The Children – The Elder Project	SD22 & Cultural Immersion School, Okanagan Indian Band
B	ABOR	13	Our Stories Together	The Gathering Place
DVD	ABOR	1	Federation of Aboriginal Foster Parents - Promo and Recruiting Copy 1	18 min
DVD	ABOR	1	Federation of Aboriginal Foster Parents - Promo and Recruiting Copy 2	18 min
DVD	ABOR	3	The Sweatlodge and Our Families	36 min
DVD	ABOR	4	Survivors of the Red Brick School	
DVD	ABOR	5	Young Voices, Many Homes - An Aboriginal Child`s Journey Through Foster Care	
COM	ABOR	1	It Takes a Village (Pregnancy)	
COM	ABOR	2	Drawing Hope (FASD)	
COM	ABOR	3	Lighting Up the Darkness (Youth in Care)	
COM	ABOR	4	River Run ( Traditional use of tobacco)	
COM	ABOR	5	Kiss Me Deadly (sexual health)	
COM	ABOR	6	Path of the Warrior ( gangs, family, sport)	

## Attention Deficit Disorder

B	ADD	1	The "Putting on the Brakes" Activity Book for Young People With ADHD	Patricia O. Quinn, M.D. & Judith M. Stern, M.A.
B	ADD	2	The Parent's Guide to Attention Deficit Disorders	Stephen B. McCarney, Angela Marie Bauer,
B	ADD	3	Why Johnny Can't Concentrate	Robert A. Moss, M.D.
B	ADD	4	Scattered Minds	Gabor Mate, M.D.
B	ADD	5	My Brain Needs Glasses	Annick Vincent
B	ADD	6	The AD/HD Book	Beth Ann Hill
B	ADD	7	Take Control: Concentration is Your Goal	
B	ADD	8	Captain Chaos Lives Here	Carol Johnson
B	ADD	9	Healing the Hyperactive Brain – through the New Science of Functional Medicine	Michael R. Lyon M.D.
DVD	ADD	1	Answers to A.D.D. - the school success tool kit	

## Anger and Aggression

B	ANG	1	Working with Children from Violent Homes	Diane Davis
B	ANG	3	The Angry Teenager	Dr. Wm. Lee Carter
B	ANG	4	Taming the Dragon in Your Child	Meg Eastman, Ph.D
B	ANG	5	Working With Aggressive Youth	Boys Town
B	ANG	6	The Explosive Child - A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children	Ross W. Greene, Ph. D
B	ANG	8	Helping Your Angry Child - worksheets, fun puzzles, and engaging games	Darlyne Gaynor Nemeth, Kelly Paulk Ray, Ph.D.
DVD	ANG	1	A Love That Kills	20 min
DVD	ANG	2	Calming the Tempest - Helping the Explosive Child	Copy 1 Ross Greene Ph.D
DVD	ANG	2	Calming the Tempest - Helping the Explosive Child	Copy 2 Ross Greene Ph.D
DVD	ANG	3	Parenting the Explosive Child – Collaborative Problem Solving	

## Attachment

B	ATT	1	A Child's Journey Through Placement	Vera I. Fahlberg, M.D.
B	ATT	2	Separation Anxiety and Anger	John Bowlby
B	ATT	3	A Secure Base	John Bowlby
B	ATT	4	Give Them Roots, Then let them Fly: Understanding Attachment Therapy	The Attachment Centre at Evergreen, INC.
B	ATT	5	Attachment Parenting – Developing Connections and Healing Children	Arthur Becker-Weidman and Deborah Shell
B	ATT	6	When Love is Not Enough	Nancy L. Thomas
B	ATT	7	Attaching in Adoption - Practical Tools for Today's Parents	Deborah D. Gray
B	ATT	8	Nurturing Adoptions - Creating Resilience after Neglect and Trauma	Deborah D. Gray
B	ATT	10	Hold on to Your Kids	Gordon Neufeld, PH.D & Gabor Maté, M.D.
B	ATT	11	Ghosts From the Nursery	Robin Karr-Morse & Meredith S. Wiley
B	ATT	12	Building the Bonds of Attachment - Awakening Love in Deeply Troubled Children	Daniel A. Hughes
B	ATT	13	Fostering Changes – Myth, Meaning and Magic Bullets in Attachment Theory	Richard J. Delaney, Ph.D
B	ATT	14	The Attachment Connection – Parenting a Secure & Confident Child	Ruth P. Newton Ph.D
B	ATT	15	Integrative Parenting – Strategies for Raising Children Affected by Attachment Trauma	D Wesselmann, C Schweitzer, S Armstrong
DVD	ATT	1	Strategic Parenting	Patricia Buckley
DVD	ATT	2	Transitioning - The Journey that Lasts a Lifetime - disk 1 copy 1	Patricia Buckley
DVD	ATT	2	Transitioning - The Journey that Lasts a Lifetime - disk 1 copy 2	Patricia Buckley
DVD	ATT	3	Transitioning - The Journey that Lasts a Lifetime - disk 2 copy 1	Patricia Buckley
DVD	ATT	3	Transitioning - The Journey that Lasts a Lifetime - disk 2 copy 2	Patricia Buckley
DVD	ATT	4	Bonding and Attachment	Pat Buckley
DVD	ATT	5	Responding to Attachment Disorder	Tanya Helton
DVD	ATT	6	The Attachment Dance	Dr Karyn Purvis TCU Institute of Child Development
Audio	ATT	7	Responding to Attachment Disorder	Tanya Helton

## Behaviour

B	BEH	1	Emotional or Behavior Disorder Intervention Manual	Stephen B. McCarney, ED.D.
B	BEH	2	The Early childhood Behavior Intervention Manual	Stephen B. McCarney, Ed.D
B	BEH	3	The Behavior Dimensions Intervention Manual	Stephen B. McCarney, Ed.D.
B	BEH	5	The Difficult Child	Stanley Turecki, M.D.
B	BEH	6	Intervention With Secondary Students	Jerry Conrath
B	BEH	9	No Such Thing As a Bad Kid - understanding and responding to challenging behaviour...	Charles D. Appelstein, MSW
B	BEH	10	Conduct Disorders in Childhood and Adolescence	Alan E. Kazdin
DVD	BEH	1	No Such Thing As a Bad Kid- Creating and Maintaining a Strength-Based Environment	30 min Charles D. Appelstein, MSW
DVD	BEH	2	No Such Thing As a Bad Kid- Managing Number One First & Putting in the Bricks	60 min Charles D. Appelstein, MSW
DVD	BEH	3	No Such Thing As a Bad Kid - Preventing Problem Behaviour & Building Self-Esteem...	30 min Charles D. Appelstein, MSW
DVD	BEH	6	Struggle For Control: Child and Youth Behaviour Disorders	National Film Board

## Bullies

B	1	Push and Shove	
B	2	Bullies and Victims	Suellen Fried, A.D.T.R., and Paula Fried, Ph.D
B	3	Why Is Everybody Always Picking on Me	Terrence Webster-Doyle
B	4	How to Talk to Your Kids About School Violence	
B	5	And Words Can Hurt Forever	James Garbarino, Ph.D. & Ellen deLara, Ph.D
B		Your Child: Bully or Victim? - Understanding and Ending School Yard Tyranny	Peter Sheras Ph. D
DVD	1	Bullies: Their Making and Unmaking Gordon Neufeld – 4 hr	Gordon Neufeld

## Crisis Prevention Institute

DVD	CPI	1	The Preventative Techniques
DVD	CPI	2	Your Plan of Action - How to stay Safe When Intervening Alone
DVD	CPI	3	Louder Than Words: How to Intervene With Nonverbal Individuals
DVD	CPI	4	The Art of Setting Limits
DVD	CPI	5	The Power of Listening
DVD	CPI	6	The Principles of Effective Limit Setting
DVD	CPI	7	Advancing Your Verbal Intervention Skills, “How To” Strategies for Intervening With Challenging Individuals
DVD	CPI	8	How to Excel at Verbal Intervention
DVD	CPI	9	Under the Influence and Out of Control

## Drugs and Alcohol

B	D&A	1	Taking charge of My Mind & Body	Gladys Folders, MA & Jeannie Engelmann
B	D&A	2	Living With Prenatal Drug Exposure: A Guide for Parents	Lisa Cowen, Jennifer Lee, for SNAP Canada
B	D&A	3	In the Realm of Hungry Ghosts – Close Encounters with Addiction	Gabor Mate M.D.
B	D&A	4	Drunk Mom	
B	D&A	5	Drug Safety	Community Safety Net
DVD	D&A	1	FIX: The Story of an Addicted City	92 min
DVD	D&A	2	Through a Blue Lens	52 min
DVD	D&A	3	No Quick Fix - With Accompanying Guide	52 min
DVD	D&A	4	Death By Jib: The Dangers of Crystal Meth	19 min
Disk	D&A	5	Crystal Meth – Assorted Files	

# Fetal Alcohol Spectrum Disorder

B	FASD	1	Recognizing and Managing Children with Fetal Alcohol	Brenda McCreight
B	FASD	2	Fetal Alcohol Syndrome - Fetal Alcohol Effects	Diane Malben, M.S.W.
B	FASD	3	The Challenge of Fetal Alcohol Syndrome	Ann Streissguth & Jonathan Kanter
B	FASD	4	FAS/E and Education: The Art of Making a Difference	FAS/E Support Network of B.C.
B	FASD	5	So Your Child Has FAS/FAE	FAS/E Support Network of B.C.
B	FASD	6	FASD - Strategies not Solutions	Stephanie Jones and Laura Cunningham
B	FASD	7	Dear World: We Have Fetal Alcohol Syndrome	FAS/E Support Network of B.C.
B	FASD	8	My Name is Amanda and I Have FAS	FAS/E Support Network of B.C.
B	FASD	9	Trying Differently Rather Than Harder	Diane Malbin, M.S.W.
B	FASD	10	Alcohol-Related Birth Defects	Health Canada
B	FASD	11	Alcohol-Related Birth Defects	Health Canada
B	FASD	12	Fantastic Antoine Succeeds: Experiences in Educating Children with FAS	Judith Kleinfeld and Siobhan Wescott
B	FASD	13	FAS: A Guide for Daily Living	Ministry for Children and Families Education
B	FASD	15	Fetal Alcohol Syndrome: The Real Brain Drain	Paul Zsabo, M.P.
B	FASD	17	Challenges and Opportunities	Peggy Lasser
B	FASD	18	The Broken Cord - A family's ongoing struggle with fetal alcohol syndrome	Michael Dorris
B	FASD	19	Living With FASD - A Guide for Parents	Sara Graefe for SNAP Canada
B	FASD	20	FASD Resource Toolkit, 2 <sup>nd</sup> Edition	2 <sup>nd</sup> Edition Northern Family Health Society 2009
B	FASD	21	FASD Relationships: What I have Learned about Fetal Alcohol Spectrum Disorder	Rod Densmore, M.D
B	FASD	22	Trying Differently – A guide for Daily Living and Working with FASDs	Debbie Trudeau, FAS Society, Yukon
B	FASD	23	The best I can be –living with Fetal Alcohol Syndrome or Effects	Liz Kulp
B	FASD	24	A Practical Native Guide For Caregivers, Adolescents and Adults With Fetal Alcohol Syndrome and Alcohol Related Conditions	
B	FASD	25	Broken Hearts: Dealing With Feelings of Loss and Understandings of Grief	
B	FASD	26	FASD Sound Bites and Sanity Savers	Jeff Noble and Tara Soucie
B	FASD	17	Making Sense of the Madness – An FASD Survival Guide Copy 1	Jeff Noble and Tara Soucie
B	FASD	17	Making Sense of the Madness – An FASD Survival Guide Copy 2	Jeff Noble and Tara Soucie
DVD	FASD	1	Journey Through the Healing Circle - The Little Fox, The Little Mask	
DVD	FASD	2	Journey Through the Healing Circle - Travels in Circles, Sees No Danger & Wanders Afar	
DVD	FASD	3	Creating Solutions: Women Preventing F.A.S.	
DVD	FASD	4	FASD and Your Child: Cause, Effects and Interventions	
DVD	FASD	5	Finding Hope: Fetal Alcohol Spectrum Disorder;	
DVD	FASD	6	FASD Relationships	Rod Densmore M.D
DVD	FASD	7	Parenting with FASD Challenges, Strategies and Supports	
DVD	FASD	8	Recovering Hope - Mothers speak out about FASD	
DVD	FASD	9	The Listening Heart	
DVD	FASD	10	FASD in Adolescents: Special Considerations	2012 NTI Upstream Webinar #5
CD	FASD	11	Living With FASD I	



CD	FASD	12	Living With FASD II
CD	FASD	13	Living With FASD III
CD	FASD	14	Living With FASD IV
MISC	FASD	1	FASD Miscellaneous Handouts
MISC	FASD	2	FASNet Screening

FAS/E Support Network of BC

## Fostering

B	FOST	1	Welcome Home - A Guide for Adoptive, Foster and Treatment Foster Parents	Christopher J. Alexander Ph. D.
B	FOST	2	Dancing Through the Snow	Jean Little
B	FOST	3	Willow and Twig	Jean Little
B	FOST	4	The Gus Chronicles	Charles D. Appelstein, M.S.W.
B	FOST	5	The Gus Chronicles II	Charles D. Appelstein, M.S.W.
B	FOST	6	I'd Rather Be with A Real Mom Who Loves Me.	Michael Gordon, Ph.D.
B	FOST	7	The Forever Child - A Tale of Anger and Fear	Jean Little
B	FOST	8	The Forever Child - A Tale of Lies and Love	Jean Little
B	FOST	9	Maybe Days: A Book For Children in Foster Care Copy 1	Jennifer Wilgocki & Marcia Kahn Wright
B	FOST	9	Maybe Days: A Book For Children in Foster Care Copy 2	Jennifer Wilgocki & Marcia Kahn Wright
B	FOST	10	three little words - a memoir	Ashley Rhodes-Courter
B	FOST	11	hundreds and thousands, secrets and dreams - poetry & art by children in care, their foster carers and families	
B	FOST	12	Finding the Right Spot - When Kids Can't Live With Their Parents	Janice Levy; illustrated by Whitney Martin
B	FOST	12	Finding the Right Spot - When Kids Can't Live With Their Parents copy 2	Janice Levy; illustrated by Whitney Martin
B	FOST	13	A Terrible Thing Happened	Margaret M. Holmes; illustrated by Cary Pillo
B	FOST	14	Murphy's Three Homes -a story for children in foster care Copy 1	Jan Levinson Gilman; illustration Kathy O'Malley
B	FOST	14	Murphy's Three Homes -a story for children in foster care Copy 2	Jan Levinson Gilman; illustration Kathy O'Malley
B	FOST	15	The Invisible String	Patrice Karst; illustrated by Geoff Stevenson
B	FOST	16	The Foster Parent Survival Guide – How to Navigate the Child Welfare Matrix	Landy Anderson
B	FOST	17	Families at Risk- guide to understanding and protecting children & care providers	Jodee Kulp
B	FOST	18	one small boat- the story of a little girl, lost then found	Kathy Harrison
B	FOST	19	To the End of June – the intimate Life of American Foster Care	Cris Beam
DVD	FOST	1	Gladys's Story	30 min
DVD	FOST	2	For the Sake of Our Children: A Video Guide to Child Protection Law in BC	
DVD	FOST	3	Because They Are Children copy 1	5 min BCFFPA
DVD	FOST	3	Because They Are Children copy 2	5 min BCFFPA
DVD	FOST	4	Multiple Transitions: A Young Child's Point of View on Foster Care and Adoption	16 min
DVD	FOST	5	Digital Stories, Volumes 1 & 2	National Youth in Care Network
DVD	FOST	6	My Story – Derek Clark	50 min
DVD	FOST	7	Stories from Foster Care	BCFFPA

## Grandparents

B	GP	1	Raising Our Children's Children	Deborah Doucette-Dudman
B	GP	2	Supporting Grandparents Raising Grandchildren - resource booklet	University of Victoria

## Infants

B	I	1	Safe Babies - daily care for infants exposed prenatally to alcohol and drugs	Capital Health Region & MCFD
B	I	2	Special Delivery - A simple guide for parenting substance exposed babies	Sibhan Smith, North Family Health Society
B	I	3	Baby Sign Language – A practical Guide to Signing with your Baby	Alison MacKonochie
B	I	4	Caring for Drug Exposed Infants	Barbara Drennen
B	I	5	Caregivers Guide to Drug-Exposed Infants	Barbara Drennen
B	I	6	Baby Steps Caring for Babies with Prenatal Substance Exposure	Vancouver Coastal Region Safe Babies Program
B	I	7	Baby Signs – How to Talk with Your Baby Before Your Baby Can Talk	Linda Acredolo Ph.D. & Susan Goodwin Ph.D.
B	I	8	Signing Smart with Babies and Toddlers – A Parents Strategy & Activity Guide	Michelle E. Anthony & Reyna Lindert
B	I	9	Baby's Best Chance – Parents Handbook of Pregnancy and Baby Care	Province of B.C., Ministry of Health
B	I	10	Toddler's First Steps – A Best Chance Guide to Parenting Your 6 to 23 Mon. Old	Province of B.C., Ministry of Health
B	I	11	Your Amazing Newborn	Marshall H. Klaus and Phyllis H. Klaus
B	I	12	Infants in the Child Welfare System: A Developmental Framework for Policy & Practice	Brenda Jones Harden
B	I	13	Baby Sign Language	Alison Mackonochie
B	I	14	A Simple Gift, Comforting Your Baby – with DVD & Guide for Professionals	Hospital for Sick Children
B&DVD	I	15	Promoting First Relationships, Training Program for Service Providers -Learn how to promote healthy relationships between young children and their parents and child care providers	
DVD	I	1	The Period of Purple Crying: A New Way to Understand Your Babies Crying	
DVD	I	2	Promoting First Relationships, Learn how to promote healthy relationships between young children and their parents and child care providers	
DVD	I	3	Helping Babies from the Bench – Using the Science of early Childhood Development in Court	
DVD	I	4	Caring for our Children – Caring for Vulnerable Babies	
DVD	I	5	A Simple Gift, Comforting Your Baby – with Guide for Parents & Guide for Professionals	
DVD	I	6	Caring for Drug Exposed Infants	
DVD	I	7	Too Hot for Tots	BC Childrens Hospital
DVD	I	8	Infant Massage copy 1	Dr. Pratibha Reebye
DVD	I	8	Infant Massage copy 2	Dr. Pratibha Reebye
DVD	I	9	Amazing Talents of the Newborn	Marshall Klaus MD, Phyllis Klaus MFT, LMSW
DVD	I	10	Safe Babies Court Teams copy 1	Zero to Three
DVD	I	10	Safe Babies Court Teams copy 2	Zero to Three
DVD	I	11	Newborns Prenatally Exposed to Illicit Drugs: Medical & Neurobehavioural Outcomes	2013 NTI Upstream Webinar #1
DVD	I	12	Three Core Concepts in Early Development	National Scientific Council on Developing Child

## Learning Disabilities

B	LD	1	The Parent's Guide To Learning Disabilities	Stephen B. McCarney, Ed.D.
B	LD	2	Bridging the Gap: Raising a Child with Nonverbal Learning Disorder	Rondalyn Varney Whitney
B	LD	4	It's So Much Work To Be Your Friend	Richard Lavoie
B	LD	5	The Motivation Breakthrough - 6 Secrets to Turning On the Tuned-Out Child	Richard Lavoie
DVD	LD	1	When the Chips are Down - Learning Disabilities and Discipline with	Richard Lavoie
DVD	LD	2	Last one Picked...First one Picked on - Learning Disabilities and Social Skills	Richard Lavoie
DVD	LD	3	It's So Much Work to be Your Friend - presented by Richard Lavoie	Richard Lavoie
DVD	LD	4	Look What You've Done! Stories of Hope and Resilience	Richard Lavoie
DVD	LD	5	How Difficult Can This Be? The F.A.T. City Workshop	Richard Lavoie
DVD	LD	6	Misunderstood Minds - understanding kids who struggle to learn	90 min

## Loss and Grief

B	L/G	2	All Kinds of Separation	Carolyn Cunningham, Ph.D.
B	L/G	3	Facing Change	Donna O'Toole
B	L/G	4	Lifetimes: The Beautiful Way to Explain Death to Children	Bryan Mellonie & Robert Ingpen
B	L/G	5	Parenting Through Crisis	Barbara Coloroso
B	L/G	6	The Grieving Child - a parent's guide	Helen Fitzgerald
B	L/G	7	The Goodbye Book (Children's book)	Todd Parr
B	L/G	8	I'll Always Love you (Children's book)	Hans Wilhelm
B	L/G	9	Saying Goodbye – Reproducible Activities	
DVD	L/G	1	Separation and Loss Issues for Foster Homes And Birth Families	Vera Fahlberg
DVD	L/G	2	Separation & Loss	Patricia Buckley

## Life Books

B	LB	1	My Foster Care Journey	Beth O'Malley, M.Ed.
B	LB	2	Outstanding Scrap Book Pages	Best of Memory Makers
B	LB	3	Family Tree Ideas for Scrap bookers	Best of Memory Makers
B	LB	4	Creating a Treasure for the Adopted Child	Beth O'Malley, M.Ed.
B	LB	5	Creating Memories - Making a Memory Scrapbook for Life's Special Occasions	Mary-Anne Danaher

## Mental Health

B	MH	1	A Lasting Impression	The Canadian Mental Health Association
B	MH	2	When Things get Really Weird: For Children Who Have a Parent With Schizophrenia	Nicole Chovil
B	MH	3	When Things are Sad and Gloomy: For Children who Have a Parent With Depression	Nicole Chovil
B	MH	4	When Moods go Up and Down: For Children who Have Parents With Bipolar Disorder	Nicole Chovil
B	MH	5	The Primer: Fact Sheets on Mental Health and Addictions Issues	B.C. Partners for Mental Health and Addictions
B	MH	6	Visions: Concurrent Disorders and Substance Use Problems	B.C. Partners for Mental Health and Addictions
B	MH	7	Mental Disorders Toolkit	B.C. Partners for Mental Health and Addictions
B	MH	8	Anxiety Disorders Toolkit	B.C. Partners for Mental Health and Addictions
B	MH	9	Depression Toolkit	B.C. Partners for Mental Health and Addictions
B	MH	10	How You Can Help: A Toolkit for Families	B.C. Partners for Mental Health and Addictions I
B	MH	11	Keys to Parenting Your Anxious Child	Katharina Manassis
B	MH	12	Taming Worry Dragons	E. Jane Garland & Sandra L. Clark
B	MH	13	DWD: Dealing With Depression	Ministry of Children and Family Development
B	MH	14	DWD: Dealing With Depression	Ministry of Children and Family Development
B	MH	15	Suicide Intervention Handbook	
DVD	MH	1	A Map of the Mind Fields - Adolescent Psychosis	
DVD	MH	2	Fighting Their Fears - Child and Youth Anxiety	60 min
DVD	MH	3	Beyond the Blues - Child and Youth Depression	60 min
DVD	MH	4	Lifes A Twitch	30 min
DVD	MH	5	24: A Day In the Life of Bipolar Children & Their Families	Janice Papolos

## Parenting

B	PAR	1	Positive Parenting Handbook	Safe Society, Salmon Arm
B	PAR	2	The Good Child - How to Instill a Sense of Right and Wrong in Your Child	Brenda Houghton
B	PAR	3	Best Friends, Worst Enemies - Understanding the Social Lives of Children	Michael Thompson, , Catherine O'Neill Grace
B	PAR	4	Joyful Learning: Learning Games for Children Ages 4 to 12	Mary Hansen
B	PAR	5	The Strong-Willed Child: Birth Through Adolescence	Dr. James Dobson
B	PAR	6	The Chalkboard in the Kitchen	Teresa Savage
B	PAR	7	Hold on to Your Kids: Why Parents Matter Copy 1	Gordon Neufeld, PH.D & Gabor Maté, M.D.
B	PAR	7	Hold on to Your Kids: Why Parents Matter Copy 2	Gordon Neufeld, PH.D & Gabor Maté, M.D.
B	PAR	8	How to Talk So Kids Will Listen & Listen so Kids Will Talk	Adele Faber and Elaine Mazlish
B	PAR	9	Raising Well-Behaved Kids: 42 Tips from Toddler to Teen That Really Work!	Sue Kruszewski
B	PAR	10	Games for Reading: Playful Ways to Help Your Child Read	Peggy Kaye

B	PAR	11	Children's Psychological Testing: A guide for Nonpsychologists	David L. Wodrich
B	PAR	12	Solve Your Child's Sleep Problems	Richard Ferber, M.D.
B	PAR	13	Prereading Strategies	David R. Schleper
B	PAR	14	I'm Hungry: Your Guide to Nutritious and Tasty Food for Young Children	Eleanor Brownridge
B	PAR	15	Off Road Parenting: Practical Solutions For Difficult Behaviour	Caesar Pacifici,, Patricia Chamberlain,, Lee White
B	PAR	17	What do You Really Want for Your Children?	Dr. Wayne W. Dyer
B	PAR	18	Raising Happy, Healthy, Weight-wise Kids	Judy Toews, Nicole Parton,
B	PAR	19A	9 Ways to Bring The Best In You & Your Child - Book	Maggie Reigh
B	PAR	19B	9 Ways to Bring The Best In You & Your Child - Booklet	Maggie Reigh
B	PAR	21	Kids Are Worth It! Giving Your Child the Gift of Inner Discipline	Barbara Coloroso
B	PAR	21	Kids Are Worth It! Giving Your Child the Gift of Inner Discipline Copy 2	Barbara Coloroso
B	PAR	22	The Irreducible Needs of Children- What Every Child Must Have to Grow, Learn & Flourish	Brazelton & Greenspan MD
B	PAR	23	Right From Wrong - Instilling a Sense of Integrity in your Child	Michael Riera & Joseph Di Prisco
B	PAR	24	Just because it's not wrong doesn't make it right	Barbara Coloroso
			Queen Bees and Wannabes - Helping Your Daughter Survive Cliques, Gossip,	Rosalind Wiseman
B	PAR	25	Boyfriends, And the New Realities of Girl World	
B	PAR	26	The Connected Child - for parents who have welcomed children	Karyn B. Purvis Ph.D., David R. Cross, Ph.D.
B	PAR	27	Raising Your Spirited Child - a guide for parents whose child is more intense, sensitive, persistent and energetic	Mary Sheedy Kurcinka
B	PAR	28	Beyond Consequences, Logic, and Control Volume 1	Heather T Forbes & B Bryan Post
B	PAR	29	Beyond Consequences, Logic, and Control Volume 2	Heather T Forbes
B	PAR	30	Dare to Love –The Art of Merging Science and Love into Parenting Children with Challenging Behaviours	Heather T Forbes
B	PAR	31	Don't Give Me That Attitude! 24 Rude, Selfish, Insensitive Things Kids Do and How to Stop Them	Michelle Borba, Ed.D
B	PAR	32	Parenting the Strong-Willed Child	Rex Forehand, Ph.D, Nicholas Long Ph.D
B	PAR	33	Growing a Reader from Birth—Your Child's Path from language to Literacy	Dianne McGuinness, Ph D
B	PAR	34	Discipline Without Damage-How to Get Kids to Behave Without Messing Them Up Copy 1	Dr. Vanessa Lapointe
B	PAR	34	Discipline Without Damage-How to Get Kids to Behave Without Messing Them Up Copy 2	Dr. Vanessa Lapointe
B	PAR	35	The Whole Brain Child- 12 Revolutionary Strategies to Nurture Your Child's Developing Mind No-Drama Discipline – The Whole-Brain Way to Calm the Chaos and Nurture	Dan Siegel
B	PAR	36	Your Child's Developing Mind	Daniel J Siegel MD and Tyna Payne Bryson PhD
B	PAR	37	Positive Discipline A-Z	Jane Nelson, Lynn Lott & H Stephen Glenn
B	PAR	38	The Zones of Regulation	Leah M Kuypers MA Ed OTR/L
B	PAR	39	Children Learn What They Live – Parenting to Inspire Values	Dorothy Law Nolte & Rachel Harris
B	PAR	40	The Mindful Brain	Daniel J Siegel
DVD	PAR	1	Winning at Parenting...without beating your kids by Barbara Coloroso	
DVD	PAR	2	Parenting the Explosive Child - the collaborative problem solving approach	
DVD	PAR	3	Escape School: School Violence	
DVD	PAR	4	Parenting with Humor	

DVD	PAR	5	Trust-Based Parenting -Creating Lasting Changes in Your Child's Behavior	Dr Karyn Purvis TCU Institute of Child Development
DVD	PAR	6	Playful Interaction	Dr Karyn Purvis TCU Institute of Child Development
DVD	PAR	7	Healthy Touch	Dr Karyn Purvis TCU Institute of Child Development
DVD	PAR	8	Empowering, Connecting & Correcting Principles	Dr Karyn Purvis TCU Institute of Child Development
DVD	PAR	9	Facilitating Behavioral Change	Dr Karyn Purvis TCU Institute of Child Development
DVD	PAR	10	Beyond Consequences LIVE 4 disks Copy 1	Heather T Forbes Beyond Consequences Institute
DVD	PAR	10	Beyond Consequences LIVE 4 disks Copy 2	Heather T Forbes Beyond Consequences Institute
DVD	PAR	11	Making Sense of Complex Children Volume 1: Introductory Overview	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 2: Developmental Disabilities	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 3: Childhood Mental Health Disorders	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 4: Mood Disorders and Trauma	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 5: Complex Trauma and PTSD	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 6: Education and Trauma	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 7: Teenagers	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 8: Medication Madness	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 9: The Family	Dr. R Federici and Heather T Forbes
DVD	PAR	11	Making Sense of Complex Children Volume 10: Moving Forward	Dr. R Federici and Heather T Forbes
Audio	PAR	1	10 Important Back to School Tips for Parents and Teachers	Beyond Consequences Institute
Audio	PAR	2	Ask the Expert – Nutrition for Children	Beyond Consequences Institute
Audio	PAR	3	Beyond Consequences, Logic and Control, Toddlers - 2 part Audio CD	Beyond Consequences Institute
Audio	PAR	4	Beyond Consequences, Logic and Control, Five-to-Nine - 3 part Audio CD	Beyond Consequences Institute
Audio	PAR	5	Beyond Consequences, Logic and Control, Tweens - 2 part Audio CD	Beyond Consequences Institute
Audio	PAR	6	Beyond Consequences, Logic and Control, Teenagers- 2 part Audio CD	Beyond Consequences Institute
Audio	PAR	7	The Best of Q&A with Heather T Forbes	Heather T Forbes Beyond Consequences Institute

**See also: Gordon Neufeld p 19**

## Sensory Integration

B	SENS	1	The Sensory-Sensitive Child: Practical Solutions for Out of Bounds Behavior	Karen A. Smith Ph.D, Karen R. Gouze, Ph. D.
B	SENS	2	No More Meltdowns	Jed Baker, Ph. D
B	SENS	3	The Out of Sync Child - Recognizing and Coping with Sensory Integration Dysfunction	Carol Stock Kranowitz
B	SENS	4	Unlocking the Mysteries of Sensory Dysfunction	Elizabeth Anderson, Pauline Emmons
B	SENS	5	The Out of Sync Child Has Fun -Activities for Kids with Sensory Processing Disorder	Carol Stock Kranowitz
DVD	SENS	1	Sensory Processing Disorder: Simulations for Parents, Teachers and Therapists	
DVD	SENS	2	Getting Kids in Sync – Sensory Motor Activities to help Children develop Body Awareness	
DVD	SENS	3	Sensory Integration	Dr Karyn Purvis TCU Institute of Child Development

## Sexual Abuse

B	SEX/A	2	Shining Through [pulling it together after sexual abuse]	Mindy B. Loiselle & Leslie Bailey Wright
B	SEX/A	11	Making the Decision to Care	Frederick Mathews, Ph.D., C.Psych.
B	SEX/A	17	Working With Traumatized Children	Kathryn Brohl
B	SEX/A	22	Combining Voices	Frederick Mathews, Ph.D., Psych.
B	SEX/A	23	The Invisible Boy: Revisioning the Victimization of Male Children & Teenagers	Health Canada
B	SEX/A	26	Facing the Sunshine- a young woman's emergence...	Sara Jane Thornton
B	SEX/A	28	The Courage to Heal Workbook –For Women and Men Survivors of Child Sexual Abuse	Laura Davis

## Sexuality

B	SEX	1	I Openers: Parents Ask Questions about Sexuality & Children With Developmental Disabilities	Dave Hingsburger
B	SEX	2	Speaking of Sex	Meg Hickling R.N.
B	SEX	3	It's Perfectly Normal: Changing Bodies, Growing Up, Sex & Sexual Health	Robie H. Harris
B	SEX	5	It's So Amazing: A Book about Eggs, Sperm, Birth, Babies and Families	Robie H. Harris
B	SEX	6	More Speaking of Sex	Meg Hickling R.N.
B	SEX	7	A Touching Book	Jan Hindman
B	SEX	8	Responding To Children's Sexual Behavior	Greater Vancouver Mental Health Services
DVD	SEX	1	You the Web and Sex - a teen's guide to managing sexuality online	

## Special Needs

B	SPEC/N	1	Disability Resource Guide	Independent Living Vernon
B	SPEC/N	2	Sexual Abuse Prevention for Young People with Disabilities	Linda Graham, Angela Smailes, David Gambrill
B	SPEC/N	3	Working with People with Challenging Behaviours Copy 1	Nathan E. Ory, MA
B	SPEC/N	3	Working with People with Challenging Behaviours Copy 2	Nathan E. Ory, MA
B	SPEC/N	4	Social Skills Activities for Special Children	Darlene Mannix
B	SPEC/N	5	The New Language of Toys	Ed.M.
B	SPEC/N	7	Learning Together	Donna Bracewell
B	SPEC/N	9	Challenges and Opportunities	Peggy Lasser
B	SPEC/N	10	The Learning Circle	Harvey McCue and Associates
B	SPEC/N	13	Connections: A Planning Guide for Parents of Sons or Daughters With a Mental Handicap	Kenneth V. Pike, Pauline F. Steinmann
B	SPEC/N	14	So Far: Words From Learners	Jean Bennett, Richard Jaccoma, Lee Weinstein
B	SPEC/N	16	Hearing and Deafness: Teaching Units	Beverly King, Grace Szakun, Carol Tovell, Laura Weatherhead, Myrna Ziola
B	SPEC/N	17	Lessons for Inclusion	Institute on Community Integration

B	SPEC/N	18	The Inclusion Papers: Strategies to Make Inclusion Work	Jack Pearpoint, Marsha Forest, Judith Snow
B	SPEC/N	19	Friends Make the Difference	B.C. Association for Community Living
B	SPEC/N	20	On My Own! A Resource Guide for Living Independently	Canadian Abilities Foundation, 2000
B	SPEC/N	21	Inclusive Education: A Parent Handbook	British Columbia Assoc for Community Living
B	SPEC/N	22	The Home-School Connection	
B	SPEC/N	24	Joyful Learning: Learning Games for Children Ages 4 to 12	Mary Hansen
B	SPEC/N	26	Secret Signing: PreK-1	Sugar Sign Press
B	SPEC/N	27	Secret Signing: Grades 1-3	Sugar Sign Press
B	SPEC/N	28	Resources for Teaching Young Children With Special Needs	Penny Low Deiner
B	SPEC/N	30	I Openers: Parents Ask Questions about Sexuality & Children With Developmental Disabilities	Dave Hingsburger
B	SPEC/N	32	Handbook of Mental Health Care for Persons with Developmental Disabilities	Ruth Ryan MD
B	SPEC/N	33	Do? Be? Do? – What to teach and How to teach people with developmental disabilities	Dave Hingsburger
B	SPEC/N	34	"Behaviour Self!" - Using Behavioural Concepts to Understand and Work w People...	Dave Hingsburger
B	SPEC/N	35	Safe and Secure - Six Steps to Creating a Good Life for People with Disabilities	Al Etmanski, Jack Collins & Vickie Cammack
B	SPEC/N	37	A Good Life for you and your relative with a disability	Al Etmanski
B	SPEC/N	39	Changing the Course of Autism –A Scientific Approach for Parents and Physicians	Bryan Jepson M.D.
B	SPEC/N	40	The Power of Knowing Each Other	Community Living BC
B	SPEC/N	41	Babies With Down Syndrome—A New Parents Guide	Susan J. Skallerup
DVD	SPEC/N	1	Autism: The Road Back	55 min
DVD	SPEC/N	2	A Child Unlike Any Other - One Family's Story of Autism	12 min
DISK	SPEC/N	3	Peace of Mind - for you & your relative with a disability	PLAN Institute

## Teens

B	TEEN	1	Healthy Eating for PreTeens and Teens	Leslie Beck, RD
B	TEEN	2	Help Yourself for Teens: Real Life Advice for Real Life Challenges	Dave Pelzer
B	TEEN	3	Surviving Your Adolescents	Thomas W. Phelan, Ph.D.
B	TEEN	4	Parents and Adolescents Living Together - Part 1: The Basics	Gerald Patterson & Marion Forgath
B	TEEN	5	Parents and Adolescents Living Together - Part 2: Family Problem Solving	Gerald Patterson & Marion Forgath
B	TEEN	6	Uncommon Sense for Parents with Teenagers	Michael Riera Ph. D.
B	TEEN	9	A Travel Guide to High School	Dr. Trevor Cole & Dr. Maurice Gibbons
B	TEEN	11	Always My Child - A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual...	Kevin Jennings
B	TEEN	12	Is My Teenager Ok? A Parent's All-in-One Guide to the Emotional Problems of Today's Teens	Henry Paul, M.D
B	TEEN	13	Fostering to Independence: practical manual for foster parents by foster parents	Debbie Verkerk, MA, Lenox Neher & Jodi Higgs
B	TEEN	14	How to Deal with Your Acting Up Teenager	Robert T Bayard, PH.D, Jean Bayard, Ph. D
B	TEEN	15	A Travel Guide to High School	Dr. Trevor Cole, Dr. Maurice Gibbons
B	TEEN	16	Life Strategies for Teens	Jay McGraw
B	TEEN	17	Life Strategies for Teens - Workbook	Jay McGraw
B	TEEN	18	A Taste-Berry Teen's Guide to Managing the Stress and Pressures of Life	Bettie B. Youngs & Jennifer Leigh Youngs



MISC TEEN 1 Useful Tips for Youth Leaving Care - Facilitator's Guide  
 MISC TEEN 2 Dollars & Sense – A Guide for your Money. book, workbook & CD

Ministry for Children and Family Development  
 Public Guardian & Trustee of British Columbia

## Trauma

B	TR	1	The Untouched Key - Tracing Childhood Trauma in Creativity and Destructiveness	Alice Miller
B	TR	2	Waking the Tiger - Healing Trauma Copy 1	Peter A Levine
B	TR	2	Waking the Tiger - Healing Trauma Copy 2	Peter A Levine
B	TR	3	Little Boy Wild - An abused child's search for love & his epic journey of survival	Derek Kurtis
B	TR	4	A Child Called It	Dave Pelzer
B	TR	8	The Lost Boy	Dave Pelzer
B	TR	9	A Man Named Dave	Dave Pelzer
B	TR	10	The Privilege of Youth	Dave Pelzer
B	TR	11	A Brothers Journey - Surviving a Childhood of Abuse	Richard B. Pelzer
B	TR	12	A Teenagers Journey - Overcoming a Childhood of Abuse	Richard B. Pelzer
B	TR	13	Finding Katie – The diary of Anonymous, a teenager in foster care	edited by Beatrice Sparks, Ph.D.
B	TR	14	Parenting the Hurt Child: Helping Adoptive Families Heal and Grow	Gregory C. Peck PhD & R. M. Kupecky LSW
B	TR	15	The Boy Who Was Raised as a Dog	Bruce D. Perry, M.D., Ph.D and Maia Szalavitz
B	TR	16	Born for Love	Bruce D. Perry, M.D., Ph.D and Maia Szalavitz
B	TR	17	Trauma Proofing Your Kids - A Parents' Guide for Instilling Confidence, Joy and Resilience	Peter A. Levine and Maggie Kline
B	TR	18	The Secret of the Silver Horse	Department of Justice Canada
B	TR	19	How Long Does It Hurt?-a guide to recovering from incest and sexual abuse...	Cynthia L. Mather with Kristina E. Debye
B	TR	20	Trauma Through a Child's Eyes	Peter A. Levine and Maggie Kline
B	TR	21	Working with Traumatized Children: A Handbook for Healing	Kathryn Bohl
DVD	TR	1	Coping with Violence	27 min
DVD	TR	2*4	The Traumatized Child	3 disks
DVD	TR	2	Understanding the Traumatized Child Copy 1	45 min
DVD	TR	2	Understanding the Traumatized Child Copy 2	45 min
DVD	TR	2	Understanding the Traumatized Child Copy 3	45 min
DVD	TR	3	Parenting the Traumatized Child Copy 1	45 min
DVD	TR	3	Parenting the Traumatized Child Copy 2	45 min
DVD	TR	4	Teaching the Traumatized Child	45 min
DVD	TR	5	Understanding Traumatized and Maltreated Children: The Core Concepts	Bruce D. Perry, M.D., Ph.D
DVD	TR	6	The Six Core Strengths for Healthy Childhood Development	Bruce D. Perry, M.D., Ph.D
DVD	TR	7	The Neurosequential Model of Therapeutics	Bruce D. Perry, M.D., Ph.D
DVD	TR	8	The Neurochemistry of Fear	Dr Karyn Purvis TCU Institute of Child Development
DVD	TR	9	Attachment Focused Parenting for traumatized Children w Attachment Problems	Dan Hughes Ph.D

## Miscellaneous

B	MISC	1	BC Handbook for Action on Child Abuse & Neglect	Province of BC
B	MISC	5	Abuse is Wrong in Any Language	Department of Justice Canada
B	MISC	7	The Sneaky Chef to the Rescue	Missy Chase Lapine
B	MISC	15	The Family Pharmacist - An A - Z Guide to Children's Illnesses and Medications	Lisa M. Chavis R. PhD
B	MISC	18	Straight Talk about Psychiatric Medications for Kids	Timothy E. Wilens MD
B	MISC	19	Growing Up in BC	Representative for Children & Youth
B	MISC	20	Champions for Change – A Guide for Effective Advocacy ...	Representative for Children & Youth
DVD	MISC	1	Escape School: School Violence	
DVD	MISC	2	Escape School: Abduction	
DVD	MISC	3	Wards of the Crown: Surviving the Child Welfare System	
DVD	MISC	4	The Unforgettable Pen Pal - a story about prejudice & discrimination	28 min
DVD	MISC	5	Stress Management- A Practical Guide to Reducing Stress in Every Aspect of Your Life:	83 min
DVD	MISC	6	Assertiveness Skills – 12 Positive Action Steps for Taking Charge of Your Life	53 min
CD	MISC	7	On-Line Raps for Girls & Chaps	Charlie Appelstein
	Ref	1	Community Resource Guide for Parents 2010	Early Childhood Development Committee
	Ref	2	Can We Help You? A Guide to Community Services in the Okanagan	Social Planning Council for the North Okanagan
	Ref	3	Resources in our Community - Special Needs	
	Ref	4	Resource Libraries	

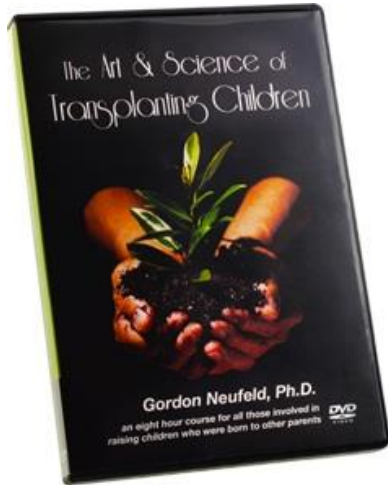
## FOSTER PARENT COLLEGE

A training program, which you can complete right in your own home! The lessons are on DVD and come with a brief Q & A. You get a certificate on completion of each “class”

ADHD, ADD & ODD	House Safety	Self Harm
Anger Outbursts	Impact of Fostering on Birth Children	Sexualized Behavior
Anger Pie	Kinship Care	Sleep Problems
Childhood Anxiety Disorders	Lying	Stealing
Children with Autism	Positive Parenting 1	Substance Exposed Infants
Child Safety & Supervision	Positive Parenting 2	Wetting and Soiling
Eating Disorders	RAD-Reactive Attachment Disorder	Working with Schools
Fire-Setting	Runaway Behavior	Working with Birth Parents 1: Visitation
Grief & Loss in Foster Care	Safe Parenting	

# GORDON NEUFELD WORKSHOPS ON DVD

## *The Art and Science of Transplanting Children - an eight-session videocourse*



### ***Especially for Foster and Adoptive Parents:***

*The impact of attachment disruption, even when in the best interests of the child, can be deep and profound, interfering with even the most loving and skilled attempts to raise the child by foster parents, adoptive parents or step parents. When such children fail to adequately re-attach to the parent or parents who are raising them, or who are unable to recover from the impact of the attachment disruption, nothing works as it should.*

*Our practices with such children need to be founded on a solid knowledge base of their attachment needs and of the effects that attachment disruption can have on subsequent development and receptivity to care. Transplanting children - whether the result of remarriage, adoption, parental loss, removal, or change in custody - constitutes the most difficult challenge in raising children.*

*Like plants, it is all about their attachment roots; unlike plants, it is a great deal more complicated.*

### ***Hold On To Your Kids: the DVD***

This two-hour presentation by Dr. Neufeld captures the heart and soul of his book and the warmth that is hard to convey in writing. Those who have read the book comment on how much more accessible this presentation makes the written material. Those who prefer viewing to reading don't have to miss out on what this book has to offer.

### ***Adolescence and Sexuality: A fresh look at today's youth using the latest understandings of human sexuality - a 4 session videocourse***

Today's adolescents live in a hypersexualized culture. Most have received a school-based sex education where safe sex typically refers to physical intimacy that is free of sexually transmitted diseases or unwanted pregnancy. Despite their greater exposure and education, current evidence suggests that many youth are in trouble sexually and that their sexual development is not unfolding as it should.

How is sexuality meant to develop? What is happening today that is different than in previous generations? How does sex affect the brain and bonding? In this course, Dr. Neufeld examines sexuality through the lenses of attachment, maturation and vulnerability. He sheds light on why adolescents are losing their timidity, why sexual interaction is on the rise, and why sexual bullying is becoming a problem. He explores the meaning of safe sex from an attachment-based developmental perspective and provides suggestions for contributing to the healthy unfolding of sexuality in our youth.



***Making Sense of Anxiety in Children and Youth: A four hour course with surprising solutions to a growing problem - four, one hour sessions*** There is currently an epidemic of anxiety affecting children of all ages. Differing estimates suggest that one in five to one in eight qualify for an anxiety disorder diagnosis, making this the most common diagnosis in children. Anxiety can take many forms including obsessions, compulsions, phobias, panic, as well as a host of perplexing seeking and avoidant behaviours. Various strategies are emerging on how to treat anxiety problems, but most interventions are hand-me-downs from adult treatment and are questionable in terms of their appropriateness with children.

***Making Sense of Preschoolers: A six hour course explaining what every child needs us to know about them - six hour course divided into 12 half hour sessions*** No one is more susceptible to being misunderstood than the preschooler. Precocious, brazen, obsessive, endearing, hysterical, impulsive, anxious, delightful, unreflective, dogmatic, generous, unstable, aggressive, resistant, compulsive, and anything but consistent - the preschooler could qualify for any number of personality and behaviour disorders. Unlike infants and toddlers, preschoolers actually bear a resemblance to grown-ups and therefore fool us into thinking that they are much more like us than they really are. Projecting our psychology onto them is a typical mistake.

The title of this course may be misleading as it would suggest a 2-5 year age range only. In fact, understanding the preschooler is key to making sense of immaturity at any age.

***Making Sense of Play: WHY children need to play and WHAT they need for true play to result - 2 hour presentation***

Play - at least the kind that builds brains and forwards development - is becoming an endangered activity among those who need to engage in it most. Part of the problem is the premature pressure on children to learn and to become socialized. Another factor is the amount of screen time that children engage in. The most significant factor however is the failure to provide the conditions that result in the kind of play that helps children realize their true potential.

Play is not optional from a developmental point of view. Participants not only learn what kind of play is most beneficial but also how to support this activity in children. The information in this two-hour seminar applies to children of all ages although the primary focus is young childhood.



***Making Sense of Discipline: the INs and OUTs of imposing order on children's behaviour - a 3 hour videocourse plus 1 hour bonus material*** This three hour course speaks to the question of what to do when ..., but does so in the larger context of what is required to raise children to their full potential as human beings. Some of the prevailing discipline practices - like time-outs and consequences - are discussed from this perspective. In three short hours, participants have the opportunity to develop a comprehensive approach to discipline with strategies that are attachment-safe and developmentally friendly. The ultimate objective of this course is for parents and teachers to come to the place where the answers will come from their own understanding and where they possess the inner confidence to handle the small stuff as well as the more challenging issues. Includes Session 7 of Power to Parent III - that deals with the special challenges of imposing order on stuck kids.

***Making Sense of Attention Problems - a 4 hour videocourse***

There are many kinds of attention problems, most deeply rooted in emotional and developmental dynamics. In this four hour course, participants will gain an understanding of how the attention system develops and what can go wrong and why. Participants will also learn to differentiate between three basic kinds of attention problems that can all lead to an ADD diagnosis. The ultimate objective of the course is to provide the participants with strategies for addressing the roots of the attention problems in such a way that the symptoms abate, regardless of their underlying cause.

### ***Bullies: Their Making and Unmaking - a 4 hour videocourse***

In this videocourse, Dr. Neufeld sheds light on this dark side of human nature. This refreshing developmental analysis of bullies reveals instinctive roots embedded in the dynamics of attachment and the flight from vulnerability. The implications for intervention and treatment are profound and largely counter to prevailing approaches. Invited to keynote on Canada's first national conference on bullying, Dr. Neufeld shares the insights that have evolved as a result of years of experience working with bullies of all kinds, combined with his mastery of the developmental literature.



***The Power to Parent Series*** The ***Power to Parent*** series is a relationship-based approach to parenting that restores parents to their natural intuition and helps children realize their innate potentials as human beings. Dr. Neufeld takes the best that developmental science has to offer and delivers it directly to the people who are the child's best bet. Dr. Neufeld offers a coherent approach that can guide parents in all their parental interactions with children of all ages. The series is meant to be taken in sequence.

### ***The Vital Connection (Power to Parent Part I) - an eight-session videocourse***

In this first volume, Dr. Neufeld focuses on the child-adult relationship as the context for raising children. Parents and professional learn how this relationship is meant to develop, what can go wrong, why peers must not matter more than parents, the true meaning of shyness, how to cultivate a context of connection, how to win back one's child if need be, how to preserve the connection, and more. Parents and professionals also learn about the kinds of interactions and discipline that erode the relationship and effective alternatives that are attachment-safe.

### ***Helping Children Grow Up (Power to Parent Part II) - an eight-session videocourse***

How do we nurture our children and provide the necessary elements for growth? How do we remove the impediments to becoming their own persons? Building on the foundation of relationship in Part I of the series, this sequel focuses on how to help children realize their potential as human beings. Growing older is no guarantee of growing up. Childhood is when most of the growing up should occur but we need to know how to cultivate the maturing process. This course sheds light on the adult's role in the miracle of maturation.

### ***Common Challenges (Power to Parent Part III) - an eight-session videocourse***

Raising children is rewarding, but not always easy! Every child gets stuck from time to time on the road to maturation and every parent faces challenges at some point on the journey. At these times, we could benefit from experienced insight and practical suggestions that are in the best interest of our children. In this third part of the ***Power to Parent*** series, Dr. Neufeld helps equip parents to read the signs of a child in trouble, live with a sensitive child, cultivate resilience in a child, lead an alpha child, soften a defended child, discipline a stuck child, and more. Dr. Neufeld offers effective and safe practices that honor and preserve the relationship, even when the problems seem daunting. In making sense of a child's experience, parents are better prepared to lead them through challenging times.

### ***Making Sense of Adolescence - an eight-session videocourse***

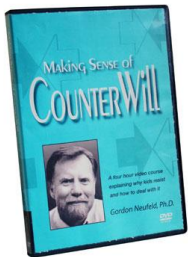
Crossing the bridge from childhood to adulthood has never been so daunting. The time of adolescence is longer than ever and yet society today offers little support in understanding or facilitating this transition. What is nature's purpose? What is the developmental design? What is meant to happen? This course is designed to be used by parents, grandparents, teachers, administrators, professionals - anyone who desires to make sense of adolescence. Dr. Neufeld helps shed light into this often dark and confusing time. He gives both the tools and the eyes to see an adolescent through the journey, and articulates why now more than ever adolescents need our help to cross that bridge. Dr. Neufeld's unique distillation of adolescent psychology and the integration of this material with his rich experience with teens both professionally and as a father, forms the basis of these insights and the suggestions he provides.

### ***Power to Teach - a four-session videocourse for educators***

Teaching is getting harder, not easier. Dr. Neufeld has been joining the dots for over 35 years and has concluded that the power to teach is being eroded in today's society. In his insightful analysis, Dr. Neufeld uncovers four natural sources of power and reveals the handicaps that result when these are missing. He exposes the reasons why today's teachers more than ever need to harness the power of attachment to do their jobs.

### ***Relationship Matters DVD - a 2 hour presentation***

This is a professional recording of an outstanding presentation by Dr. Neufeld to a full house at the world famous Chan Centre for the Performing Arts in Vancouver, BC. The talk was received enthusiastically by both long-time students of Neufeld's approach as well as by those who had heard him for the first time. According to the audience, Dr. Neufeld did a brilliant job of explaining why a child's relationship to the adults responsible must be the context for parenting and teaching. All the basic constructs of his teaching are woven into this captivating presentation.



### ***Making Sense of Counterwill - a four session videocourse***

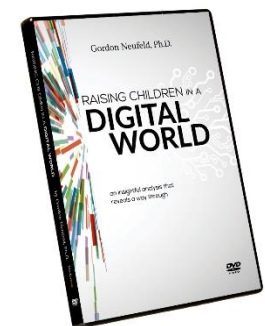
The instinct to resist being controlled or coerced is one of the most perplexing and troublesome dynamics in dealing with children and youth. The counterwill instinct is manifest in a myriad of behaviours and attitudes, and some children are highly afflicted. Dr. Neufeld reveals the dynamics controlling this instinct and provides suggestions for how to deal with this troubling phenomenon. This material is applicable for all adults dealing with toddlers through adolescents - teachers, parents and helping professionals. Participants find the insights highly enlightening and life-changing.

### ***Making Sense of Aggression - a four session videocourse***

Aggression problems are deeply rooted in instinct and emotion and therefore resistant to conventional discipline practices. Dr. Neufeld uncovers these roots and outlines steps to addressing them. His rich professional experience with aggressive children and violent youth informs this refreshing approach to an age-old problem. The principles are applicable to children of all ages and to educators and helping professionals in all settings. Parents too can benefit.

***Alpha Children: A four-hour course explaining how to reclaim our rightful place in their lives - divided into four 1-hour sessions*** A growing number of children and youth are presenting as demanding, prescriptive, bossy and controlling. A disturbing number of these alpha children are turning into bullies as well. Alpha children can be challenging to manage and, by their nature, are more likely to present with troubling behaviour. This is making the child-adult dance much more difficult than it used to be or needs to be, despite the plethora of advice-giving and strategies available today. Internationally renowned developmental psychologist Dr. Neufeld uncovers the surprising roots of the alpha complex and in doing so, opens the doors for lasting change: in the family, in the classroom and in society.

***Raising Children in a Digital World: 2 1/2 hours*** The digital revolution has happened so quickly that it has caught most of us off guard. Yet the digital world is here to stay, changing our society in ways that have far-reaching consequences for our children. What are the implications for parenting? How do we harness the spectacular connecting potential and yet avoid the pitfalls of attachment technology gone awry? How do we prepare them to live in this new world and yet preserve what is required for healthy development to take place? We have followed our children into the digital world and yet for their sakes as well as ours, need to restore our lead in order to avoid the insidious dangers that live in the shadows of this potent technology.





# Karyn Purvis – TCU Institute of Child Development

## **Trust-Based Parenting Creating Lasting Changes in Your Child's Behavior**

This offers in-depth training for parents of children with trauma-based behavioral issues. The Trust-Based Relational Intervention® (TBRI®) is a unique intervention model created by developmental psychologists Dr. Karyn Purvis and Dr. David Cross, founders of the Institute of Child Development at Texas Christian University. It is based on more than a decade of research and hands-on work with vulnerable children and their families. Dr. Purvis coined the phrase “children from hard places” to describe children who have experienced abuse, neglect, abandonment and/or trauma in early development. Their survival behaviors can be confusing, frustrating and difficult to manage even for the most patient and loving parents. This nearly four-hour video features Drs. Purvis and Cross coaching families through real-life, problem-solving scenarios. They demonstrate proven, practical skills and strategies for applying TBRI® Empowering, Connecting and Correcting Principles to everyday life to build a stronger parent-child connection, which leads to better behavior. Parents from around the world praise TBRI® for giving them hope in times of crisis and lifelong solutions that can benefit the entire family.

🌀 *Approximately 4 Hours - 2 Disk Set*

## **A Sensory World Making Sense of Sensory Disorders**

This educational video offers insights about how sensory processing disorders make it difficult for many children to function at home and school, and can be the underlying cause of behavioral problems. Parents and professionals will learn to recognize signs of sensory disorders and will learn practical strategies for coping with them. Child development researchers Dr. Karyn Purvis and Dr. David Cross, and Carol Kranowitz, author of *The Out-of-Sync Child*, provide a number of playful activities to help children improve their self-esteem and overcome everyday struggles that hamper their success.

## **Playful Interaction**

Play puts the fun in fundamental - central to a child's well-being now and in the future. Through play, children learn to develop the social and emotional skills they need to succeed in life. *Playful Interaction*, featuring child development experts, Dr. Karyn Purvis and Dr. David Cross, along with other child development experts, outlines the importance of play and provides practical examples of playful interaction from The Institute of Child Development's Hope Connection Summer Camp.

🌀 *Main Portion: 30 minutes - Extras: 1 hour, 36 minutes*

## **Healthy Touch**

Touch is a universal language - more dynamic and powerful than any other form of communication. More than an integral part of everyday life. Touch is essential to our very existence. *Healthy Touch* features child development experts, Dr. Karyn Purvis and Dr. David Cross, along with other renowned experts. It explores research about touch and provides practical applications for adding healthy touch into our daily lives.

🌀 *Main Portion: 40 minutes - Extras: 11 minutes*

### **Empowering, Connecting & Correcting Principles**

In this nearly two-hour presentation, Dr. Purvis, a developmental psychologist, explains her research-based approach with children who come from what she calls “hard places.” These are children who have been exposed to drugs and alcohol in utero or suffered abuse, trauma or neglect early in life. She explains how harm during these critical stages of brain growth causes significant disruptions in a child’s development and behaviors and offers strategies to overcome these deficits. Through research and years of experience with children throughout the world, Dr. Purvis offers a path of healing through a trust-based, relationship-based holistic approach. She explains the principles and tactics for reconnecting with these children to meet their needs and help them reach their highest potential.

### **The Attachment Dance**

The attachment relationship between parents and their children is one of the most cherished experiences of our lives. In *The Attachment Dance*, developmental psychologist and Director of the TCU Institute of Child Development, Dr. Karyn Purvis, explores the attachment experiences of neuro-typical children and children with histories of harm. Dr. Purvis explains how to recognize features of the attachment relationship and teaches parents and caregivers how to explore their own attachment styles to facilitate healing for the children in their care. In this lecture, Dr. Purvis aims to deepen understanding of attachment issues, both theoretically and practically, and provide a solid foundation for parents and their children.

*🌀 Lecture: 2 hours, 16 minutes*

### **Facilitating Behavioral Change**

One of the most commonly asked questions for the staff at the TCU Institute of Child Development is how to deal with “problem behaviors”. Tragically, children with histories of abuse, neglect, or trauma are more likely to display these behaviors that are often driven by fear. In *Facilitating Behavioral Change*, Dr. Karyn Purvis, a developmental psychologist and Director of the TCU Institute of Child Development, explores the concepts of Connecting and Correcting Principles, key elements in the Trust-Based Relational Intervention® (TBRI®), the unique approach developed by Dr. Purvis and her team. This lecture provides practical insights and tips on how to use TBRI® tactics in real-life situations.

*🌀 Lecture: 1 hour, 25 minutes*

### **Sensory Integration**

A key element of typical development is the capacity to process and regulate environmental input. Sadly, children who have experienced prenatal exposure to drugs or alcohol, early trauma, abuse, or neglect are at high-risk for sensory disorders. In this lecture, developmental psychologist and Director of the TCU Institute of Child Development, Dr. Karyn Purvis, explains risk factors and warning signs for Sensory Processing Disorders and offers practical interventions for parents and professionals. This DVD features a Q & A session that explores common questions about sensory disorders.

*🌀 Lecture: 1 hour, 24 minutes - Q & A: 46 minutes*

### **The Neurochemistry of Fear**

The fundamental goal of this seminar is to empower parents and professionals to become healers in the lives of at-risk children and to discuss interventions developed through our work with families of at-risk children. Tragically, children who have been harmed, neglected, and/or abused are at significantly increased risk for behavioral disorders, relationship failures, and early onset mental illness. In this 2-disc DVD, developmental psychologist and Director of the TCU Institute of Child Development, Dr. Karyn Purvis, presents specific skills and insights garnered from research with at-risk children on how to disarm fear responses that drive their aberrant behavior. Dr. Purvis explains concepts to help caregivers and parents understand a child’s brain chemistry and how neurotransmitter testing can be used to enhance therapeutic approaches.

*🌀 Disc 1: 1 hour, 3 minutes - Disc 2: 1 hour, 17 minutes*



# Heather T. Forbes - Beyond Consequences Institute

## **Beyond Consequences, Logic, and Control: Volume 1**

### **A Love-Based Approach to Helping Children with Severe Behaviors**

This first volume of *Beyond Consequences* lays out the basics of this revolutionary and simple parenting paradigm. Easy to read and filled with practical examples, this book will equip you to start parenting from a place of unconditional love and begin the road to healing for your family.

Behaviors addressed in this volume include:

Lying            Stealing            Hoarding            Gorging            Aggression            Defiance            Lack of Eye Contact

## **Beyond Consequences, Logic & Control: Volume 2**

### **A Love-Based Approach to Helping Children with Severe Behaviors**

This second volume of *Beyond Consequences, Logic, and Control* offers even more empowering examples and more practical applications. Volume 2 addresses seven behaviors rooted in fear including poor social skills, demanding behaviors, self-injury, defensive attitudes, no conscience, homework battles, and chores. This book includes current research on the brain and how it affects behavior, giving you scientific explanations of why children misbehave.

## **The Best of Q&A with Heather T. Forbes**

This 6 disc audio CD set is a compilation of the very best Q&A Heather T. Forbes, LCSW, has done with parents through her online parenting classes over the past several years.

Abandonment	Emotional Age	Medication	Sibling Rivalry
Adoption	Entitlement	Older Children	Social Issues
Arguing	Equine Therapy	Opposition	Stealing
Belief Systems	Expectations	Overwhelm	Storytelling
Boundaries VS	Extended Family	Parent Anger	Tantrums
Consequences	Grieving	Parent Self-Care	Texting
Chores	Healing	Predictability	Time-In
Disrespect	Hoarding	Prenatal Trauma	Toddler Issues
Disobedience	Hygiene	Regulatory Issues	Transitions
Eating Issues	Lying	Relatives	Trauma
Electronics	Medical Trauma	Shutting Down	<i>and more...</i>

## **Beyond Consequences LIVE! 4-Disc DVD Set**

Heather T. Forbes, LCSW delivers one of her best presentations to a group of parents and professionals seeking advice about raising and working with children with difficult and severe behaviors. Her presentation incorporates the understanding that neuroscience gives us to explain the thinking and perspective of children whose regulatory systems have been compromised through traumatic experiences.

# Making Sense of Complex Children

## Heather T Forbes and Dr. R Federici

### **Volume 1: Introductory Overview**

In this introductory overview of complex trauma, Dr. Federici eloquently brings simplicity to the understanding of children from every end of the trauma spectrum. Federici gives insight on how to create an intervention program with simplicity and accuracy. This interview between these two professionals explores and sheds light on how developmental issues are the root of the problem underlying a child's negative behaviors.

### **Volume 2: Developmental Disabilities**

Explore the differences between attachment disorder and developmental disabilities. In this DVD, Dr. Federici explains how a child's development can be altered through traumatic experiences leading to an alteration in the brain that can manifest into psychological, regulatory, social, and learning problems. Trauma goes much deeper than attachment. This discussion will give you a thorough understanding of the entire developmental spectrum for our children.

### **Volume 3: Childhood Mental Health Disorders**

In this interview, Dr. Federici sheds light on the countless number of children who are being treated with multiple layers of inappropriate care due to multiple and inaccurate diagnoses. Trauma presents itself differently, requiring a closer look at the child's anxiety and fear. This DVD will give you a better understanding of how a child's world needs to be reconstructed with the family being the primary construct, whereby the family becomes the "medication."

### **Volume 4: Mood Disorders and Trauma**

Dr. Federici clearly explains how trauma induced mood disorders drive much of a child's negative and acting-out behaviors. He gives insight as to how anxiety, depression, mood swings, compulsive behaviors, sleep difficulties, poor social skills, reactivity, and defiance all connect back to a child's inability to regulate themselves. Solutions that center on a parent's ability and the family's ability to provide an end to the child's fear cycle are discussed in this interview.

### **Volume 5: Complex Trauma and PTSD**

Children who are continually under stress during their early years often accumulate layers and layers of emotional injury. Their post trauma behaviors are fear-based, chaotic, and out of reality. In this interview, Dr. Federici explains how and why parents and professionals need to work at the level of the child's development in order to create safety. Healing then happens through a step-by-step developmental process with families being the curative agent.

### **Volume 6: Education and Trauma**

Trauma can have an impact on the brain, compromising a child's focus, memory, and ability to retain, retrieve, and organize information. It can negatively impact a child's memory, speech, language, problem solving skills, and informational processing. In this series, Dr. Federici discusses how to best educate children who may present with typical behavioral or learning issues but need to be addressed from a trauma perspective in order to reach their full learning potential.

### **Volume 7: Teenagers**

Trauma does not just "go away" and when many children reach their teenage years, a resurgence of their early traumatic experiences unfolds. Dr. Federici gives insight in this DVD discussion of how many teenagers reprocess the anger and aggression that was left dormant, resulting in an intensity of acting out behaviors (drug use, defiance, dramatic reactivity and sexual promiscuity). This DVD will give you a deeper understanding of how to help teens during these difficult years.

### **Volume 8: Medication Madness**

There is no magic pill to resolve trauma for anyone, especially for our children. Dr. Federici explains why simply medicating symptoms is ineffective and how we have not only medicated our children to toxic levels but how we have endangered them with toxic combinations of medications. Learn more about how medications can be used at conservative levels in order to help bring children back to being functional in a family to foster greater levels of healing.

### **Volume 9: The Family**

Children belong in families because families are the curative factor. Dr. Federici explains that for children from traumatic backgrounds, families become the definitive and key element; the family is the treatment for the child. He discusses how a family intervention program, with a holistic and reality-based approach, can be used to reconstruct traumatized children and reintegrate them back into the family system successfully.

### **Volume 10: Moving Forward**

When children reach the later teenage years, many times they are not emotionally or developmentally ready for the challenges of independence. In this DVD, Dr. Federici discusses legal and financial options families have in order to stage their children through a slower and more gradual approach into adulthood. This volume sheds light on how to create the balance children with trauma histories need, without overwhelming them, to move them forward successfully.

**To borrow a resource, or make arrangements to browse the shelves,  
Please call**

**250-558-0939**

**[noksupport@okfosterparents.ca](mailto:noksupport@okfosterparents.ca)**

